

Thank you to all the youth that participated in the Youth Voting Process. We are pleased to announce that the following projects have been selected through this youth-centered, city-wide participatory budgeting process:

How to Talk to Youth About Trauma	
<p>Minnesota Muslim Helpline Project</p> <p>Description: Minnesota Muslim Helpline (MMH) is 100% free & confidential, with culturally sensitive advocates who are familiar with and have a basic understanding of Islam and the unique struggles Muslim youth face. Young people face a particularly hard time speaking out about what they're going through because of cultural and religious pressures. This helpline gives Muslim youth the opportunity to have someone to talk to in times of need, while allowing the caller to retain their anonymity.</p>	
<p>Audience: The target audience is youth and young adults (12+). The specific geography of this project will take place in Minneapolis, this is where the crisis line will be based. The demographic this helpline aims to reach is Muslim youth.</p>	<p>Received 13.9% of votes in this category.</p>
<p>Telling our stories, claiming our power: Healing in practice for Teens interested in Health, Wellness & Health Careers</p> <p>Description: This project will create a community of Minneapolis High School students who will learn healing & meditation practices, and claim their stories & connections to create space to express their full identity and potential within & outside of the walls of their school. We will focus on taking tools (such as breathing techniques, yoga, meditation, expressive theatre, etc.) learned from the group for our own self-care + healing practice, and teach our favorites to other students, family & community with the eventual goal of being able to share their wisdom with healthcare clients or in the public health/wellness arena. We chose this project to meet the need to create space + tools for students to learn to heal, connect & care for themselves during their teen years which can be stressful, full of change & challenge from past, present and future influences, and to allow teens to apply these skills to achieve their educational & career goals and step into a bright future.</p>	
<p>Audience: The target audience will be high school students taking Health and Health Careers Classes at Roosevelt High School in South Minneapolis who are interested in exploring the Health, Healthcare and Public Health field. This would include grades 9-12.</p>	<p>Received 13.4% of votes in this category.</p>
<p>Culturally Specific Trauma Healing Listening Sessions</p> <p>Description: This project will increase the resilience of survivors and open the discussion around trauma healing in the African immigrant and refugee community. Knowledge of addressing trauma, will empower the community members, youth and elders to engage in systems change, including learning about resources like NAMI MN. We plan to engage the community on the importance of participating in policy changes that will impact healing resources like mental health service provisions.</p>	
<p>Audience: Youth of African Heritage residing in Minneapolis, Seward, North Minneapolis, Phillips Neighborhood and Cedar Riverside between 13 and 24 years of age.</p>	<p>Received 12.6% of votes in this category.</p>

Community Support

Minneapolis Youth Olympics

Description: Minneapolis Youth Olympics engages with youth to empower their athletic abilities by giving them a platform to showcase their talent! The Olympics will consist of a multitude of sporting events that are chosen by the youth participating in Minneapolis Youth Olympics. The youth will be grouped into teams of 10 based on a mix of ages. A total of 30 teams will compete against each other in various sporting events. The top 3 teams with the most points will receive awards. All teams will receive recognition for hard work!

Audience: Minneapolis Youth Olympics will serve all races and ethnicities of youth, 13-24 years of age living in the North and South sides of Minneapolis.

Received **21.3%** of votes in this category.

Teen Tech Presents: Get Paid for Your Music and Sacred Women's Gatherings

Description: This peer-led program provides space for youth to explore creative avenues to process trauma with support from caring adults in the Teen Tech Center at Minneapolis Central Library. Whether its young men and women creating meaningful music and learning how to be paid to license your work, or young women participating in an experience of healing, love, and sisterhood, blackness will be centered in these programs. Participants will create community and practices to take with them well beyond the 14 weeks of this program.

Audience: Youth age 12-24 are welcome, though our target audience is 16-22. Open to all youth in the Twin Cities area.

Received **11.0%** of votes in this category.

Youth Interactions with Law Enforcement

Talking It Through: A Latino Youths-Police Dialogue

Description: HACER expects to utilize the informative session as a trauma healing space where Hispanic youth can share their experiences and emotions, but at the same time ask questions to learn about their rights. Empowering them with the correct knowledge will enable Hispanic youth to grow their confidence and strengthen their resilience. The interactive session will provide Hispanic youth the opportunity to advocate for system changes by exposing their personal and community concerns, fears, and injustices directly to Minneapolis police officers.

Audience: Age: 14 – 24, Geography (Neighborhoods): Powderhorn, Midtown Phillips, Phillips West, Ventura Village, Ethnicity: Latinos

Received **47.2%** of votes in this category.

Bad Boys 3: A Triple Entendre Multi-Media Experiential Learning, Listening, & Healing Project

Description: Bad Boys 3 is an interactive multimedia experience that allows youth to tell their stories. Attendees will participate in trainings that will allow them to create rap/poetry, plays/monologues, or visual art that depicts the realities of the relationships between male youth of color and law enforcement that is intended to reduce fear, anxiety, and stereotypes that harm the community. This project was created to give a voice to male youth of color, to allow them to speak their truth, and express themselves in ways that will allow them to both heal and be heard.

Audience: The target audience is young men of color in South Minneapolis ages 13-18, with a focus on African Americans and youth of African descent.

Received **30.0%** of votes in this category.

Youth Experience with Transportation

“The Bus Fun” Photovoice Project

Description: “The Bus Fun” Photovoice project aims to use photographic images taken by Northside Youth to interpret the ridership experience, empower participants to share their concerns beyond literacy-based methods, and induce change by informing policy makers of community reflections about public transportation. Photovoice provides youth the opportunity to connect with Metro Transit (especially the C-Line, running through North Minneapolis), and experience 1st hand around navigating through public transportation. Youth then document the experience through their cameras, later share reflections about their photographs and insights of WHY. Such process supports youth to develop a social morality for becoming change agents within their communities and promoting positive ridership experience.

Audience: Targeting North Minneapolis youth riders, at ages between 16 to 20 years old.

Received **78.7%** of votes in this category.

The above projects received the most votes from youth in the community. These eight projects will each receive funding of up to \$12,500 that will go towards implementing and executing their projects and activities.