

## Pause on the Johnson and Johnson COVID-19 vaccine

### Why did U.S. health authorities recommend a pause on the Johnson & Johnson vaccine?

The use of the Johnson & Johnson vaccine is being 'paused' after reports of a small number of people getting a rare and severe type of blood clot. This happened to six women, all under 50, who got this vaccine. For context, almost 7 million doses have been administered in the U.S. to date.

This condition is treatable, but doctors must know how to recognize it, how to report it, and how to treat it. This pause ensures that can happen.

We do not know enough yet to say if the vaccine is related to, or caused, this health issue.

### What if I got the vaccine? Should I be worried?

- If you got this vaccine **more than three weeks ago**, your risk of developing a blood clot is very low.
- If you got this vaccine **within the last three weeks**, your risk of developing a blood clot is also very low. However, you should be on the lookout for possible symptoms of a blood clot. Contact your health provider if you experience any of these symptoms:
  - Severe headache
  - Blurred vision
  - Fainting
  - Seizures
  - Pain in your abdomen (chest or stomach)
  - Leg pain or swelling
  - Shortness of breath

### Should I cancel my Johnson & Johnson vaccine appointment?

If you are scheduled to get the Johnson & Johnson/Janssen COVID-19 Vaccine, work with your vaccine provider to reschedule your appointment to get another type of COVID-19 vaccine.

## Has this issue been seen with other COVID-19 vaccines?

No. As of April 13, 2021, no cases of this blood clot issue have been reported among the more than 180 million people who received the Pfizer or Moderna vaccines. The vaccines are highly effective. Get vaccinated when you can.

## Vaccine Safety

COVID-19 vaccine safety is a top priority. All reports of health problems following COVID-19 vaccination are taken very seriously and investigated as needed.

This potential safety issue was caught early, and this pause reflects the US health official's commitment to transparency.

Visit the City of Minneapolis vaccine website at  
<https://coronavirus-vaccine-outreach-cityoflakes.hub.arcgis.com>

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Hadii aad Caawimaad u baahantahay 612-673-3500