

Minneapolis Food Shelves

Last updated 11/30/21 - please contact the food shelf prior to your visit to confirm hours and availability

Food Shelf Name	Address	Hours of Operation	Contact Information	Website	Eligibility Criteria	In need of volunteers?	In need of donations?
Brian Coyle Community Center Food Shelf	420 15th Avenue S	Mon 12 pm – 6 pm; Wed 12 pm – 4 pm; Fri 12 pm – 4 pm	(612) 338-5282	https://pillsburyunited.org/programs/food-distribution/	New clients must bring an ID for themselves and their family members & complete a brief registration process.	Not right now	Donate at www.pillsburyunited.org/donate
Calvary Lutheran Church Food Shelf	3901 Chicago Ave S	Sat 9 am – 12 pm	(612) 827-2504 ext. 205 / foodshelf@clchurch.org	https://www.clchurch.org/food-shelf	Households may visit one Saturday per month. "Special" distributions do not count.	Need volunteers Thursday thru Saturday. Especially Thursday mornings, Friday middays, and Saturday mornings. Sign up at: https://www.signupgenius.com/go/9040549aea722aaf85-calvary	Financial donations are preferred. Send a check made out to Calvary Lutheran Church with food shelf in the memo line and mail it to 3901 Chicago Ave Minneapolis, MN 55407. Sugar, condiments, spices, disinfectant wipes, personal hygiene items, baby wipes, and size 5 and size 6 diapers also appreciated.
Camden's Promise - Gethsemane Lutheran Church Food Shelf	4656 Colfax Ave N	Mon thru Sat 12 pm – 2:30 pm. BBQ lunches served daily.	(612) 521-3575 / prjeff@thecamdenpromise.org	http://www.thecamdenpromise.org/food-shelf.html		Yes, especially Hmong and Spanish speakers. Call 612-521-3575.	Financial donations are preferred. Donate on website.
CAPI Food Shelf	5930 Brooklyn Blvd	Tues 1 pm – 4 pm; Wed and Thur 9 am – 12 pm & 1 pm – 4 pm	(612) 721-0122 / info@capiusa.org	https://www.capiusa.org/food-and-nutrition-services/	Walk-ins available	Not right now	Donate at www.capiusa.org/donations/ Other specific needs include meat and halal items.
CLUES Canasta Familiar	777 East Lake Street. Minneapolis, MN 55407	Wed 2 pm – 5 pm	(651) 379-4256 / info@clues.org	http://www.clues.org/wp_english/canastafamiliar/	Visit webpage for more information		
Community Bridge Food Pantry	2400 Park Ave	2nd Fri and 4th Sat of every month 9 am – 11 am	(612) 871-8831 / marygreg@usinternet.com	http://communitybridgempls.org/community-meals-and-food-pantry/	Walk-ins available; to sign up for deliveries call 612-321-1967	Not right now	Donate at www.communitybridgempls.org/ways-to-give/ Other specific needs include insulated bags or coolers to preserve food, fresh produce, meat, and toilet paper.
Community Covenant Church Food Shelf	901 Humboldt Ave N	3rd Wed of every month 12 pm – 1:30 pm	(612) 374-3935	https://cccminneapolis.org/outreach/food-shelf/			Financial donations are preferred.
Community Emergency Service Neighborhood Food Shelf	1900 11th Avenue S	Mon thru Thur 1 pm – 4 pm	(612) 870-1125 / ces@cesmn.org	www.cesmn.org	Walk-ins available	Yes, especially Spanish or Somali-speakers during food shelf hours. Visit https://www.cesmn.org/help/volunteer/becoming-a-volunteer .	Financial donations are preferred. Donate at www.cesmn.org/help/donate-now We do not accept clothing donations. Other specific needs include fresh produce, personal hygiene items, toilet paper, rice, cooking oil, shampoo, conditioner, sugar, and dry beans.
Du Nord Community Market	3140 Snelling Avenue South	Mon and Wed 3 pm – 6 pm; Thur 12 pm – 2 pm	(612) 460-8123 foodpantry@dunordfoundation.org	https://www.dunordfoundation.org/	Community supported program where neighbors can find fresh, healthy, and culturally connected foods for their tables and supplies for their homes. All are welcome. No restrictions to our program. Neighbors are invited to order online as needed, and pick the day and time that works best for them.	We love working with volunteers! We do ask that volunteers be 16 years of age or older. Through the summer we have family friendly opportunities available. Sign up today: bit.ly/dunordvolunteer	Donations accepted during distribution hours or email for alternative time. Visit our website for our current list of needed items: https://www.dunordfoundation.org/help-us We do accept garden fresh produce, household supplies, and more. Or order from your favorite store online and have it shipped directly!
Food in the 'Hood (North Mpls location)	2827 Newton Ave N	2nd and 4th Thur of every month 5 pm – 8 pm	(612) 217-4003 / shawn@goodinthehood.org	http://www.goodinthehood.org/Our-Programs/Feeding-the-Future/Food-in-the-Hood	Primarily serves clients within 200% of federal poverty guidelines	Looking for volunteers for packing and distribution support, Spanish speaking volunteers appreciated. Visit https://www.goodinthehood.org/volunteer/	Financial donations are preferred. Donate at www.goodinthehood.org/donate-now/ or mail a check made out to Good in the 'Hood to 2101 Chicago Ave S Minneapolis, MN 55404. Meat, personal hygiene items, toilet paper, halal items, kosher items, and single serving nonperishable pre-packaged food for the unsheltered are also appreciated.

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Glendale Food Shelf	92 St Mary's Ave SE	Mon and Thur 11 am – 3 pm; Tues and Wed 2 pm – 6 pm	(612) 342-1954	https://www.esns.org/metrofoodprograms	Must be a resident of Glendale Town Homes & income must be at or below 300% of federal poverty guidelines (self-declared).	Not right now	Personal hygiene items, toilet paper, and halal items are appreciated. Money donations can be made on www.esns.org/donate
Good Works Food Shelf	697 13th Ave NE	Tues 11 am – 1 pm; Wed 5 pm – 6:30 pm by appointment only; Fri 4 pm – 5:30 pm. <i>Ethnic Food Pantry: 1st and 3rd Thurs of every month, 5 pm – 6:30 pm</i>	(612) 788-4829 / info@rescuenow.org	http://www.goodworksfoodshelf.org		Yes, individuals and groups of 2-5 are welcome, especially Spanish speakers. Visit https://m.signupgenius.com/#/showSignUp/20f0d44acad2aa1f49-volunteer4	Donate on website. Other specific needs include personal hygiene items, meat, and toilet paper.
Groveland Food Shelf	1900 Nicollet Avenue S	Mon thru Fri 9:30 am – 12 pm, or as supplies last. Delivery also available.	(612) 871-0277 / info@grovelandfoodshelf.org	http://www.grovelandfoodshelf.org		Not right now	Donate on website. Other specific needs include canned goods, personal hygiene items, toilet paper & meat.
Haven Community Food Pantry	710 W Broadway Ave, Minneapolis 55411	Thur 11 am – 3 pm	Manager -Stacy Hinton (651) 225-8908; Director of Operations - Andrea Lee (763) 245-2533		People in who live in the community can come once a week and other who live outside the community can come once a month.		Other than food, there is a lot of need for Toilet paper, paper towels, laundry soap, and diapers.
Horizons Unlimited Food Shelf at Division of Indian Work	1001 East Lake Street	Mon/Tues/Wed & Fri 12 pm – 3 pm	(612) 279-6343	https://www.diw-mn.org/health	Serves the American Indian community	Not right now	Donate at www.diw-mn.org/donate Other specific needs include meat, toilet paper & spaghetti sauce
Incarnation Church Food Shelf	3817 Pleasant Ave S	Tues and Thur 8:30 am – 2:30 pm	(612) 822-2101 / foodshelf@incscj.org	http://www.incscj.org	Serves clients living between Lyndale Ave S to Portland Ave S & W 27th St to W 54th St; must provide valid photo ID and piece of mail to verify address	Not right now	Donate on website. In need of funds to purchase freezers for cold food storage.
Isuroon Halal Food Shelf	1600 E Lake St, Suite 1 Minneapolis, MN 55407	Open during regular business hours. Mon thru Fri, 9 am – 4:30 pm	(612) 866-2731	https://www.isuroon.org/food-shelf	Home delivery also available		
Jericho Food Shelf	1628 East 33rd St	Mon thru Thur 1:30 – 4:30 pm; Fri 10 am – 12 pm & 1:30 – 3 pm	(612) 455-1193 / jeff@jerichoroad.us	https://www.jerichoroad.us/programslabels		Not right now	Donate at www.jerichoroad.us/donations or mail a check made out to Jericho Road to 1628 E 33rd St, Minneapolis, MN 55407.
Joyce Uptown Food Shelf	3041 Fremont Ave S	Mon and Tues 9 am – 7 pm; Thur 11 am – 7 pm; Sat 9 am – 2 pm	(612) 825-4431 / info@joyceuptownfoodshelf.org	https://www.joyceuptownfoodshelf.org/	Client choice by appointment. Emergency food bags available for walk-ins. See website for more information.	Yes, especially Spanish speakers. Visit https://www.signupgenius.com/go/8050b4ca5a723a7fb6-joyce	Financial donations are preferred. Donate on website. Other specific needs include household and personal hygiene items such as tampons, toothbrushes, toothpaste, and diapers.
Little Kitchen Food Shelf	1500 6th Street NE	Tues and Thur 6 pm – 7:30 pm; Wed and Fri 10 am – 12 pm	(612) 788-2444 / admin@gracempls.org	http://gracempls.org/community-services/little-kitchen-food-shelf/	New clients must pre-register by calling 612-788-2444 between 9 and 11 am Mon - Fri (in person registration not available).	Volunteers (individuals and groups of 2-5 are welcome) are needed Mon - Fri. Call 612-788-2444 or email admin@gracempls.org to sign up.	Financial donations are preferred. Donate at www.gracempls.org/give or call 612-788-2444. Canned goods, fresh produce, meat, personal hygiene items, toilet paper, halal & kosher items, milk, eggs, butter, bread, diapers, laundry & dish soap, pet food, and disposable masks and gloves for volunteers are also appreciated.
Minneapolis Central Church of Christ Food Shelf	1922 N 4th Ave	Sat 11 am – 2 pm Please call to confirm hours of operation	(612) 374-5481	https://www.mcco-christ.org/outreach			
Minnehaha UMC Food Shelf	3701 E 50th St	Tues 10 am – 3 pm	(612) 721-6231	http://minnehaha.org/foodshelf.html	Serves clients living between Cedar Ave W & the Mississippi River, and between Highway 62 and Lake St, though no one will be turned away.	1-2 Spanish speaking volunteers. Contact foodshelf@minnehaha.org	Fresh produce, meat, and personal hygiene items.

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New Creation Baptist Church Food Shelf	1414 E 48th St	Sat 10 am – 2 pm	(612) 825-6933	https://newcreationbaptistchurchmn.org/food-shelf/	Available to anyone that lives in Twin Cities, walk-ins welcome	Yes, Spanish speakers appreciated. Contact newcreation1414@gmail.com	Financial contributions are preferred. Personal care and laundry items are also appreciated.
New Creations Ministries Mother Jeanette Frazier Food Shelf	5144 13th Ave S	Mon 5:30 – 7 pm, and by appointment	(612) 202-0739	http://newcreationministries.com/food-shelf/	Clients can visit once a week. If unable to visit food shelf during regular hours, call 612-202-0739 to make an appointment.	Yes, contact Brenda Granison at 612-202-0739 or bgranison54@msn.com	Donate by mailing a check made out to New Creations Ministries to 5144 13th Ave S Minneapolis, MN 55417 or call 612-202-0739 for Givelify app instructions. Other specific needs include personal hygiene items, canned goods, toilet paper, halal items, and meat.
NorthPoint Health & Wellness Center Food Shelf	1835 Penn Avenue N	Mon thru Thur 10 am – 4 pm	(612) 767-0325 / foodshelf@npimn.org	http://www.northpointhealth.org/community-food-shelf	All are welcome. You may visit once per month. If you are unable to visit, you may send someone to pick up food for you. If you are a helping professional, you can pick up food.	Not right now	Donate at www.northpointhealth.org/donate or mail a check to 1256 Penn Ave N, Suite 5300, Minneapolis, MN 55411. Personal hygiene items and toilet paper are also appreciated.
Sabathani Community Center Food Shelf	310 E 38th St, lower level, room 20	Mon thru Thur 9:30 am – 3 pm	(612) 821-2396	http://www.sabathani.org/		Yes, Spanish speakers appreciated. Visit https://www.signupgenius.com/go/9040449AAA62CA6FB6-sabathani	Personal hygiene items, toilet paper, canned goods, and fresh produce are appreciated.
Salvation Army N.E.E.D. Office Food Shelf	2727 Central Ave NE	Mon thru Fri 8 am – 3:30 pm. Tues is 1 pm – 3:30 pm only.	(612) 789-1512	http://salvationarmynorth.org/community/twin-cities-metro/community-pages/where-to-get-food-help/	Please call ahead to make an appointment, but can accommodate walk-ins	Visit website or call 612-789-1512 to sign up	Financial donations are appreciated
Salvation Army North Office Food Shelf	2024 Lyndale Ave N	Currently operating by appointment only; Mon thru Wed, 9 – 11 am	(612) 522-6581	http://salvationarmynorth.org/community/twin-cities-metro/community-pages/where-to-get-food-help/	New clients must provide a photo ID and piece of mail as proof of address; only serving clients living in the following zip codes: 55401, 55402, 55403, 55405, 55411, 55412, 55413, 55418, 55430	Call 651-746-3426 to sign up; background check required	Yes, specifically non-perishable foods and personal hygiene items. To donate, call headquarters at 651-746-3400.
Senior Food Shelf	1801 Central Ave NE	Mon thru Fri 9:30 am – 1 pm. Delivery service also available.	(612) 788-9521 / gwilliams@esns.org	https://www.esns.org/metrofoodprograms	55 and over living in Hennepin county	Yes, call 612-788-9521	Donate at www.esns.org/ or mail a check. Canned goods, personal hygiene items, and toilet paper are also appreciated.
Sharing & Caring Hands Food Shelf	525 N 7th St	Mon thru Thur 10 am – 11 am & 12:45 pm – 1:15 pm	(612) 338-4640	http://www.sharingandcaringhands.org/day-services			Yes, specifically personal hygiene items
Shelf of Hope	714 Park Ave, Minneapolis, MN, 55404	Wed 10 am – 1 pm; closed on holidays	(612) 594-2000 / info@houseofcharity.org	https://www.houseofcharity.org/shelf-of-hope	All are welcome.	Yes. We are currently seeking a Long-Term Food Shelf volunteer. Specifically, we are looking for someone who can commit to coming every Tuesday and possibly Mondays/Wednesdays on a regular basis. Email Noah Chan for more information: n.chan@houseofcharity.org	To donate, visit https://www.houseofcharity.org/donate
Shiloh Cares Food Shelf	1201 West Broadway	Wed thru Fri 10 am – 3 pm, arrive by 2:30 pm for service that day	(612) 302-1463	http://facebook.com/ShilohCaresFoodShelf/	To register for Shiloh Cares Food Shelf the intake takes 2-3 minutes on same day. Clients can return to shop for food once per week.	Yes, especially Spanish and Somali speakers. Email shilohcaresfood@gmail.com	Financial contributions are preferred at https://www.paypal.com/donate?hosted_button_id=JGYVYNZK3YN8 . Fresh produce is also appreciated.
Simpson Food Pantry (SUMC)	2740 1st Avenue S	Tues Farmers Market 9 am until gone Wed 9:30 am – 12 pm 2nd and 4th Fri 9:30 am – 12 pm	(612) 874-7741	http://www.simpsonchurchmn.org/789905		Not right now	Financial donations are preferred. Canned goods, meat, personal hygiene items, toilet paper, and kosher items are also appreciated.

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St. Olaf Catholic Church Samaritan Ministry Food Shelf	215 S 8th St	Mon thru Wed 9 am – 11 am or call for appointment	(612) 332-7471	http://www.saintolaf.org/index.aspx		Volunteers needed Mon, Tue and Wed mornings and afternoons. All volunteers working one-on-one with guests require a background check, interview, orientation and ongoing training. Call 612-767-7632 to sign up.	Financial donations are preferred. Food: high protein items; canned meat or tuna; peanut butter; beans; canned fruits and vegetables; hearty soups, chili, stew; snack items such as granola bars, raisins, nuts; individual gelatin or fruit cups
Substance Church - Love this City	101 E Grant St, Minneapolis, MN 55403	Sunday 1:30 pm – 3:30 pm		substancechurch.com/lovethiscity		Volunteers always welcome, set up begins at 12:30 pm every Sunday.	
The Aliveness Project Food Shelf	3808 Nicollet Ave S	Mon/Tues/Fri 10 am – 2:30 pm; Wed 10 am – 6:30 pm	(612) 822-7946	https://aliveness.org/member-services/	Must be living with HIV/AIDS, please call ahead for an appointment	Inquire with the Volunteer Manager at (612) 822-7946, ext. 221	Food, hygiene items, cleaning supplies, and masks may be dropped off MWF 10-3 in addition to financial donations, which can be made at aliveness.org . Thank you!
The Camden Collective	4150 N Dupont Ave, Minneapolis, MN 55412	Wed 4 pm – 5:30 pm	Anna Gerdeen (763) 498-3599 or Katie Herrick (715) 501-8203	https://thecamdencollective.org/food-distribution/	This is a drive thru, walk up food distribution. We always have fresh produce in addition to other fresh items and non-perishables which change from week to week. (Example- Milk, cheese, tuna)	Yes, Wednesdays. Sign up here: https://www.signupgenius.com/go/10c0c45ac2aa5f4cf8-community	
Waite House Food Shelf	2323 11th Ave S	Mon 12 pm – 4 pm; Tues 10 am – 12 pm & 1-4 pm; Thur 10 am – 12 pm & 1 pm – 4 pm	(612) 721-1681	www.puc-mn.org/waite-house	Walk-ins available; new clients will be asked to complete a brief registration process	Not right now	Financial donations are preferred. Donate at www.pillsburyunited.org/donate/ or send a check to 125 West Broadway Ave, Minneapolis, MN 55411. Other specific needs include cleaning supplies and personal hygiene items, diapers, and over the counter medicine

Other Food Security Resources

Al-Maa'uun Food Shelf at Masjid An-Nur Mosque	1729 Lyndale Ave N	Operating delivery service only as of 4/3/20	(612) 326-5851 / needfood@almauun.org	http://almauun.org	Spots are limited and clients must pre-register for deliveries by emailing needfood@almauun.org or calling/texting 612-326-5851; only serving clients living in the following zip codes: 55411, 55412 & 55405.	Not right now	Donate at www.almauun.org/donate/ Canned goods, halal items, personal hygiene items and toilet paper are also appreciated.
Corcoran Park Food Distribution	3334 20th Ave S	Fri 11 am – 1 pm	Shane Lazaro Marshall (612) 598-3288 or Katie Herrick (715) 501-8203			Yes, especially Spanish speakers. Visit https://thesannehfoundation.org/get-involved/	Financial contributions are preferred. Household items and meat are also appreciated.
DHH Food Distribution	5728 Cedar Ave S, Minneapolis, MN 55417	Typically every other Sat, 10 am – 12 pm	Shane Lazaro Marshall (612) 598-3288 or Carlos Montoya (612) 990-0242				
Salvation Army South Office Food Shelf	1604 E Lake St	Currently operating by appointment only. Mon 2 pm – 3:30 pm; Tues 9 am – 11 am; Wed 1 pm – 3 pm; Thur 9 am – 11 am	(612) 721-1513	http://salvationarmynorth.org/community/twin-cities-metro/community-pages/where-to-get-food-help/	Please call 612-767-2700 or 612-767-2707 to schedule an appointment. If no answer, leave a voicemail with your contact information.	Need volunteers comfortable coming into building (there won't be much interaction with people). Call 612-767-2707 to sign up.	Yes, specifically non-perishable foods and personal hygiene items
SEWA AIFW Meal and Grocery Delivery	3702 E Lake St, Ste 300, Minneapolis, MN, 55406	Mon thru Fri	meals@sewa-aifw.org	https://sewa-aifw.org/what-we-do/programs-for-seniors/	delivery of meals and groceries for seniors	Yes	

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Source MN	2609 Stevens Ave, Minneapolis MN 55408 - Fallout Urban Arts Center	Wed 3 pm – 6:30 pm; Sat 9:30 am – 11 am	(612) 822-5200 / info@sourcemn.org	sourcemn.org/food		Yes! Our volunteer times are Wednesdays 1-3pm, 3-5pm, and 5-7pm, Fridays 1-3pm, 3-5pm, and 4-6pm, and Saturdays 9-11:30am. volunteer@sourcemn.org	Yes, see sourcemn.org/food for details