



Examples of products that meet guidelines (not exhaustive)

Remember that this is not an exhaustive list, and inclusion on this list does not serve as endorsement by The City of Minneapolis

Product categories are underlined

Product Brands are in bold

-Product name (variety/flavor)

Chips/Snacks

Frito Lay

- Baked! Ruffles (Original, Cheddar and Sour Cream)
- Baked! Tostitos (Bite size)
- Baked! Doritos (Nacho)
- Baked! Lays (Original, KC Masterpiece, Sour Cream and Onion, Cheddar and Sour Cream)

Pringles

- Fat Free (Original, BBQ)

Snyder's of Hanover

- Pretzel sticks
- Sourdough Fat free Nibblers
- Pretzels (Original and Olde Time)
- Honey Mustard and Onion

Quaker

- Mini Rice Cakes (Banana Nut, Caramel Corn, Honey Nut)

General Mills

- Chex Mix (Traditional, Jalapeno Cheddar, Honey Nut, Hot n' Spicy)

Snack Time

- Pretzel Crisps (Original and Garlic)

Granola Bars/Cereal Bars/Energy Bars

Clif

- Clif Bars (Apricot, Banana Nut Bread, Black Cherry Almond, Carrot Cake, Chocolate Almond Fudge, Chocolate Brownie, Chocolate Chip, Chocolate Chip Peanut Crunch, Cookies n' Cream, Cool Mint Chocolate, Cranberry Apple Cherry, Crunchy Peanut Butter, Lemon Poppyseed, Oatmeal Raisin Walnut, Peanut Toffee Buzz)



Nature Valley

- 100% Natural Granola Bars (Oats n' Honey, Cinnamon, Peanut Butter, Pecan Crunch, Roasted Almond, Banana Nut, Maple Brown Sugar)
- Healthy Heart Chewy Granola Bars (Honey Nut, Oatmeal Raisin)

Power Bars

- Heart Healthy Power Bars (Peanut Butter Chocolate Chip, Apple Cinnamon Crisp, Chunky Cherry Crunch, Strawberry Crunch)
- Power Bar (Apple Cinnamon, Banana, Oatmeal Raisin, Chocolate)

Quaker

- Chewy Bars- 25% less sugar (Chocolate chip, Peanut Butter Chocolate Chunk)
- Chewy Bars-90 calorie (Cinnamon Sugar, Oatmeal Raisin, Baked Apple, Chocolate Chunk)
- Chewy Bars- Low Fat (S'more)
- Breakfast Squares (Apple, Oatmeal Raisin)
- Oatmeal to Go (Cinnamon Sugar, Apples and Cinnamon)

Kellogg

- Nutri-Grain Bars (Strawberry, Raspberry, Apple Cinnamon, Blueberry)

General Mills

- Cereal Bars (Trix, Cheerios, Rice Krispies)

Fruit Products

Del Monte

- Diced Peaches in 100% Juice cup
- Lite Diced Peaches in pull-top can
- Lite Mixed Fruit in pull-top can
- Pineapple Tidbits in 100% Juice
- Tropical Fruit cup
- Mixed Fruit cup

Dole

- Fruit Bowls
- Fruit Bowls in gel
- Mandarin Oranges
- Pineapple cup
- Tropical Fruit cup

**Nabisco**

- Fig Newtons (Original and Fat Free)

Most brands

- Packaged fresh fruit or vegetables i.e. apples or carrots
- Raisins
- Dried Fruit
- Fruit Leather

Brothers All Natural

- Crisps Real (Apple, Banana, Mango, Pineapple, Strawberry, Strawberry Banana)

Welch's

- Mixed Dried Fruit

Cookies/Crackers**Pepperidge Farm**

- Giant Goldfish Grahams
- Goldfish (Pretzel)
- Physedibles

Austin

- Zoo Animal Crackers

Keebler

- Elfin Crackers
- Elf Grahams (Original, Cinnamon)
- Cheez-it (Reduced Fat)

Nabisco

- 100 calorie packs (Cheese Nips, Oreo Thin Crisps, Chips Ahoy, Ritz Chips Original Minis, Wheat Thins Minis)

Famous Amos

- Iced Gingersnaps- Reduced Fat

Kellogg's

- Scooby Doo! Graham Cracker Sticks (Cinnamon)

Honey Maid

- Graham Cracker sSicks



Meat Snacks

Jack Link's

- Beef Jerky (Original, Teriyaki, Peppered)
- Beef Steak (Original, Teriyaki, Peppered)

Frito Lay

- On the Border Beef Jerky (Natural Style Teriyaki, Natural Style Hickory)

Miscellaneous

Nature's Path

- Organic Toaster Pastries (Strawberry)

Kellogg's

- Pop Tarts (Brown Sugar)

Sconza Candy Company

- Gummy Bears (Natural flavors, Vitamin C added)

Otis Spunkmeyer

- Essentials Muffins (Chocolate chip, Banana, Wild Blueberry, Apple Cinnamon)

Kars

- Almonds
- Pistachios
- Raisins
- Cashews
- Peanuts
- Sunflower seeds
- Trail Mix (All Energy, Nut-n-Yogurt, Original)

Robert's American Gourmet

- Pirate's Booty Popcorn

Jolly Time

- Healthy Pop Minis (Butter flavor, Kettle corn)