If you've **tested positive** for COVID-19

Isolate
Stay home for 5 days.*

Symptoms
Stay home until your symptoms are resolving
(without fever for 24 hours and without using fever-reducing medications.)
Wear a mask around others for 5 additional days.

No symptoms
You may leave your house. Wear a mask around others for 5 additional days.

* Day 1 is the first full day after your symptoms start or the day your specimen was collected (if asymptomatic at test date.) Day 1 starts over if you start developing symptoms after the test date.

Individual departments may require a longer isolation period based on risks related to the work of the department.

If you've **been exposed** to COVID-19

Not fully vaccinated or not up-to-date with COVID-19 vaccine*
Stay at home for 5 days. Wear a mask around others for 10 days. Test on day 5.

Up-to-date with COVID-19 vaccine*
Wear a mask around others for 10 days. Test on day 5.

If you develop symptoms, get a test and stay home.

* Up-to-date includes the completion of all the recommended vaccine doses, including boosters.

Individual departments may require a longer isolation period based on risks related to the work of the department.

Guidance provided by the *Centers for Disease Control and Prevention.*

Minneapolis
City of Lakes