



CPSS EVALUATION REPORT: LITTLE EARTH

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Project Description

The Collaborative Public Safety Strategies (CPSS) grant is a Cities United funding opportunity sponsored by the City of Minneapolis. CPSS is a collaborative, community-driven, public-safety initiative in two locations: West Broadway Avenue in North Minneapolis, and Little Earth and the surrounding area in South Minneapolis. This initiative provides technical and financial resources for residents and business owners of these areas, and the community-based organizations that serve them, to decide for themselves what downstream public-safety interventions would best improve public safety there.

Numerous agencies and groups responded to a request for proposals issued by the City of Minneapolis. Five proposals from the Little Earth community and surrounding area received funding under the auspices of CPSS for a total of \$250,000. These projects are described in detail, below. The Native American Community Development Initiative (NACDI) was awarded a grant to provide coordination and fiscal oversight of the five projects funded in the Little Earth/South Minneapolis area. One of the duties of NACDI includes an evaluation of the CPSS project. For this evaluation, NACDI engaged the services of a professional evaluation consultant. This report is the final of two reports for the funding period of July 15- December 31, 2017, and covers the entire grant period.

The following five projects received funding through CPSS and are the subject of this evaluation report. Summaries of the projects are taken from contracts between NACDI and the lead project agency.

Little Earth Resident Association (LERA), Jolene Jones, “Little Earth Memorial Park”

Little Earth Residents Association will renovate and install a playground that is currently in poor condition. Activities will be hosted at the playground during the summer and fall to include a park celebration, monthly resident gatherings, community clean-up, safety marches, and greening/planting that will encourage positive, pro-social activities for residents to participate in and to deter and interrupt nuisance and criminal behavior.

Police Activities League, Cheryl-Leigh Goodman, “Oshki-Ikwewag Mino-Bimaadizii”

A youth mentorship program supporting Native American girls in making healthy and safe choices while living in the Little Earth community. Activities and workshops will keep Little Earth youth active and engaged in positive, pro-social activities include: organized sports, physical fitness activities, mental health activities, cultural events. Participants will perform community service acts in the community.

GoodSpace Murals, Candida Gonzalez, “Little Earth Mosaic Project”

Over 9 weeks, GoodSpace Murals artists will run a mosaic camp out of the Minneapolis American Indian Center and Little Earth Youth Development Center with the objectives of teaching mosaic techniques, empowering youth voice through art, engaging in community design and creating a new generation of mosaic artists. This project will provide paid leadership opportunities for youth and will activate outdoor spaces to engage the broader community and encourage elders and those with disabilities to participate as well. (Note that this project received a waiver to conduct a three-week workshop in summer 2017 and an additional, longer workshop in summer 2018. This evaluation will address only the work completed in 2017.)

Little Earth Youth Development Center (YDC), Frank Downwind, “Little Earth Safe Zone”

The Little Earth Youth Development Center will extend operating hours and host activities attractive to older youth. Up to 30 youth will be trained as “Youth Peacekeepers” in partnership with the Barbara Schneider Foundation also receiving first-aid/CPR and AED training. Cedar Field Park, East Phillips Park and the Little Earth Amphitheater will be used to host activities for youth and families.

MADDADS, James Cross, Natives Against Heroin

Promote Leaders in the Community to train on how to deescalate violent situations. Create a preventative approach towards crime and interrupt the drug epidemic. Community leaders gain skills in receiving CPR and Narcan Training. The community members with Natives Against Heroin will attend hospital visits to give and provide a preventive retaliation approach. There will be a Native American cultural aspect and approach to the work by using the traditional medicines and teachings. Community members will attend vigils to help with traditional teachings and ceremonies of a funeral and remembrance. By doing this we will be able to bring the community together in a more positive and traditional way by learning to help each other in difficult situations.

Project Logic Model

The logic model for the CPSS project is on the following page. This model demonstrates how the proposed activities of CPSS in south Minneapolis are theoretically linked to crime reduction. This evaluation report includes measures and feedback related to the short- and mid-term outcomes included in the logic model.

Inputs	Activities	Outputs	Outcomes		Long term
			Short term	Mid-term	
Collaborative Public Safety Strategies Funding Staff Volunteers Space at Little Earth Project Materials	Little Earth Resident Association: Little Earth Memorial Park - Installation of a new park to replace dilapidated structure	# of community members voting on park design; # of park users; installation of park	The park will no longer be a blight on community. The park will be a center of safe family activity. Children will be more likely to use the park. Children will not cross the bridge to alternate park.	Children and adults will feel proud of their community. Children will not be exposed to drug dealing on bridge.	Violence and crime will be reduced in the Little Earth Community.
	Police Activities League: Oshki-Ikwewag Mino-Bimaadizii - Various leadership and personal development activities, mentoring, and events for girls	# of youth; # of activities; # of project hours; # of volunteer hours; # of volunteers; # of community mentors	Mentors will learn relationship building skills. Mentors will learn problem solving skills. Girls will gain confidence. Girls will learn new skills. Girls will form a supportive relationship with an adult outside their family.	Girls will be leaders in their community. Girls will respect themselves and each other. Girls will feel connected to their culture. Girls will complete high school. Girls will envision a future without violence or drugs. Mentors will have ongoing relationships with girls in the community. Mentors will share their learning with others in the community.	
	GoodSpace Murals: Little Earth Mosaic Project - Engaging youth in creation of public art	# of youth; # of workshops; # of workshop hours; # of medallions created; # of interns; # of intern hours	Youth will learn new skills. Youth will engage in safe activities during free time.	Youth will be invested in community. Youth and families will feel proud of public art. Youth and families will feel more connected to their culture.	
	Little Earth Youth Development Center: Little Earth SafeZone - Extending YDC hours to weekends; training in de-escalation; family movies	# of youth; # of new memberships; number of hours open; # of activities; # of youth trained in de-escalation; # of movies; attendance at movies	Youth will engage in safe activities on the weekends. Youth will form positive relationships with adults outside their family. Youth will learn de-escalation skills. Families will participate in sober weekend activities.	Youth will be less likely to engage in risky/violent behavior. Youth will have less exposure to drug use. Trained youth will use de-escalation skills with peers.	
	Natives Against Heroin/MADDADS - Outreach events; support groups; community marches and patrols; Narcan and CPR training	# of meetings; # of marches; # of patrols; # of participants; # of CPR trainings; # of Narcan training; # of trainees	Recovering addicts will have a supportive circle. Participant will learn CPR. Participants will learn Narcan skills. More people in the public will be aware of support.	Addicts will be more likely to stay in recovery. Group participants will feel connected to their culture. People will use their CPR and Narcan skills to help others in crisis. Fewer people will start using drugs.	

Evaluation Approach and Questions:

Each of the five projects has distinct activities and goals, but all of them share the ultimate goal of interrupting and/or reducing violence and crime. The logic model demonstrates how the activities funded by the CPSS grant are theoretically linked to crime reduction and crime prevention. For the purposes of this report, it is important to understand the difficulty in measuring the impact of short-term activities on crime reduction.

The interruption and reduction of crime and violence is the long-term goal of this program. That being said, crime and violence are affected by numerous sociological factors that exist outside of the scope of the programs funded. Such factors include unemployment levels, income levels, neighborhood blight, collective efficacy, time of year, education levels of residents, drug use and abuse, and historical trauma, to name just a few. The projects funded by the CPSS grant have clear theoretical links to the interruption of crime – improving the physical neighborhood (park and mural project), reducing drug use and trafficking (NAH), supplying a safe space for children and youth (youth center), and engaging youth through sports, activities and mentorship (PALS and murals), - all of these activities are evidence-based crime prevention strategies according to crimesolutions.gov. However, due to the nature of crime, the complex dynamics that lead to crime, and the difficulty of controlling for various criminogenic factors and environmental contributors to crime, this evaluation of the short-term CPSS projects does not include an analysis of crime trends for the nine-month period of the projects. An experimental design is not plausible given the timeline and funding for this evaluation project. With such confounding variables, an evaluation that focuses on the comparison of crime levels in the neighborhood before and after program implementation will paint an incomplete and possibly inaccurate picture of the impact of the CPSS projects. Additionally, many of the projects funded intend to have long-term preventive effects with youth under the age of 16 by engaging them in their communities and building their interest and investment in a life focused on personal and community development rather than crime. The potential effects of such projects would not be seen in crime data for at least a few years and are well beyond the scope of this evaluation.

With these noted limitations, the primary focus of the evaluation will be on the integrity of project implementation, the outputs of projects funded, and the self-reported impact of these projects on their participants. Working within a community where story telling is deeply connected to history, sharing the stories of participants is particularly important. To this end, the evaluator sat with and listened to each project lead as the lead explained the work of the initiative. Additionally, the evaluator attended all but one of the monthly collaboration meetings led by NACDI. Based on the early meetings with individual project leads as well as the discussions at early collaboration meetings, the following evaluation questions were determined:

- 1) To what extent was each of the five projects implemented with integrity?
- 2) To what extent did each of the five projects reach/serve/engage its intended audience?
- 3) What was the impact of the project on participants, according to their self- reports?
- 4) To what extent did the CPSS funding build collaboration and capacity?

Data Collection Methods

Much of data for this evaluation has been collected via self-reports from the project leads. Some of the data was collected via focus groups and/or surveys with project participants. Because one of the projects (Good Space Murals) completed their 2017 work before the evaluation began, document review is the primary method of data collection. *Table 1* shows the methods of data collection used for each evaluation question.

Table 1: Data Collection Method by Evaluation Question

Evaluation Question	Data Collection Method(s)
1) To what extent was each of the five projects funded by CPSS implemented with integrity?	Document review; interviews with project leads
2) To what extent did each of the five projects reach/serve/engage its intended audience?	Document review; interviews with project leads; surveys
3) What was the impact of the project on participants, according to their self-reports?	Focus groups; surveys; document review (journals)
4) To what extent did the CPSS funding build collaboration and capacity?	Reports from participants and evaluator observation

Table 2 details the plan for data collection for each of the five funded projects. The evaluator, who attends the monthly CPSS meetings led by the program coordinator, has had multiple conversations with at least one representative from each of the five funded projects. The evaluation questions are addressed separately for each of the five projects, with a focus on *impact*, *story impact*, *process*, and *implementation timeline*. *Impact* refers to a change in a system, a community, or level of personal knowledge or development. It can include short-term and long-term outcomes or changes; it is measured either quantitatively or qualitatively, depending on the subject. *Story Impact* refers to change as shared through stories of the participants or observers of participation; it is measured qualitatively. *Process* refers to the integrity of the implementation and the outputs of the various projects or activities. *Implementation timeline* also refers to the integrity of the implementation regarding the timely completion of activities. This method of data collection provides information that may help to correlate activities with crime reduction/interruption in a separate analysis.

Table 2: Evaluation and Data Collection Plan by Project

Project	Evaluation Plan and Data Collection
LERA- Playground	<p>1) Impact: # of users before and after installation # of children, # of adults, # of open doors/curtains 5 counts (both pre and post): weeknight 4:00-6:00(2) weekend 6:00-8:00 (2) weekend 11:00-1:00</p> <p>2) Story Impact: Focus group with parents from adjacent housing Pre and Post</p> <p>3) Process: # of activities at park, # of people who provided input on park plans</p> <p>4) Implementation timeline: ground breaking and grand opening date</p>
PALS	<p>1) Impact: Survey of participants on self-reported impact</p> <p>2) Story Impact: Excerpts from journals, interview project coordinators</p> <p>3) Process: # of activities, # of participants, # of hours of activities</p> <p>4) Implementation timeline: Dates of activities</p>
GoodSpace Murals	<p>1) Impact: To be determined after summer 2018 project completion</p> <p>2) Story Impact: to be collected in summer 2018</p> <p>3) Process: # of interns, # of intern hours, # of participants, # of project hours, # of days snacks provided, # of artworks completed, # attendees at Gallery Celebration</p> <p>4) Implementation timeline: Dates of workshops and related activities</p>
Youth Development Center	<p>1) Impact:Number of users during extended hours</p> <p>2) Story Impact: Community response to extended hours</p> <p>3) Process: # of new memberships, # of youth using the YDC, # of extra hours open, # of employees hired, # trained in de-escalation, # movies shown, # attending movies, # of activities on the weekends</p> <p>4) Implementation timeline: Dates of hiring additional staff, date of extra hours opened, dates of movies</p>
NAH and MadDads	<p>1) Impact: Testimonials from program participants</p> <p>2) Story Impact: Testimonials from program participants</p> <p>3) Process: # of outreach events, # of CPR trainings, # of Narcan trainings, # of people trained, # reached through outreach events</p> <p>4) Implementation timeline: Dates of outreach events and trainings</p>

Results

Little Earth Memorial Park

Summary: The evaluation of the park project includes review of the park design decision making process, counting park users before and after the installation of the park, and focus groups with community members. Focus groups confirmed the need for a new park, but the new park itself received mixed reviews. The park design was chosen by the community, but the installation was delayed due to funding and construction issues, and the permanent flooring of the park will be installed in the summer of 2018.

Impact: To measure the use of the park both BEFORE and AFTER the installation of new equipment, data on park usage and caregiver oversight were collected every 15 minutes for a period of two hours¹ on five separate occasions. These data are presented in *Tables 3-5*. It is important to note that the “before” number of park users includes a count of children playing at the park in August, during the summer and with warm weather. Due to delays in contracting and construction, the “after” number of park users reflects a count made in December during cold weather. Thus, the comparison of the number of users and adults present BEFORE and AFTER the installation of the new park is somewhat misleading because the AFTER number of users is affected by cold weather and therefore lower than one would expect in the summer months.

Table 3 shows the number of children using the park pre- and post-installation. The average number of users was higher post-installation for three of the five time segments where users were counted. Higher averages are noted in green, below.

Table 3: Number of children using park BEFORE installation of new equipment

Number of children playing at Memorial Park pre-installation compared to post-installation										
	Weekend 11:00AM - 1:00 PM*		Weekend 2:00 PM - 4:00 PM*		Weekend 6:00PM - 8:00 PM*		Weekend 6:00 PM - 8:00 PM*		Weekday 6:00 PM - 8:00 PM*	
	Before	After	Before	After	Before	After	Before	After	Before	After
time 1	4	0	0	1	5	2	0	4	2	2
time 2	7	1	4	10	5	4	4	4	4	2
time 3	3	1	0	2	6	4	5	3	0	3
time 4	1	0	0	10	6	2	1	3	1	3
time 5	4	2	4	10	0	2	3	2	1	4
time 6	3	**	8	**	0	**	2	**	3	**
time 7	6	**	7	**	0	**	6	**	0	**
time 8	4	**	5	**	2	**	1	**	3	**
Average per time block	4	0.8	3.5	6.60	3	2.8	2.75	3.2	1.75	2.8
*These times were adjusted for shorter days and the time change away from Daylight Savings (for the "after" counts)										
**The community-member who counted park usage for the "after" only counted five times for each time block										

¹ The “after” park usage count includes on five time collection points because the community member collecting the data only counted for 1.5 hours rather than 2 hours.

Table 4 shows the number of adults present at the park pre- and post-installation of new equipment, and Table 5 shows the number of adults watching from window, porch or yard. Many more adults were watching from their windows in the cold weather of December for the post-count. Higher averages of number of adults watching are indicated by a green box.

Table 4: Number of Caregivers/Adults at Park Before Installation of New Equipment

Number of adults at Memorial Park pre-installation compared to post-installation										
	Weekend 11:00AM - 1:00 PM*		Weekend 2:00 PM - 4:00 PM*		Weekend 6:00PM - 8:00 PM*		Weekend 6:00 PM - 8:00 PM*		Weekday 6:00 PM - 8:00 PM*	
	Before	After	Before	After	Before	After	Before	After	Before	After
time 1	0	0	0	0	0	0	0	1	1	0
time 2	2	1	0	0	1	0	0	1	0	0
time 3	1	1	0	0	2	0	1	0	2	0
time 4	2	0	0	0	2	1	0	0	0	0
time 5	1	0	0	0	0	0	0	0	1	1
time 6	1	**	0	**	0	**	0	**	0	**
time 7	3	**	2	**	0	**	1	**	0	**
time 8	2	**	0	**	1	**	0	**	0	**
Average per time block	1.5	0.4	0.25	0	0.75	0.2	0.25	0.4	0.5	0.2
*These times were adjusted for shorter days and the time change away from Daylight Savings (for the "after" counts)										
**The community-member who counted park usage for the "after" only counted five times for each time block										

Table 5: Number of Units Watching Park from Window, Porch, or Yard

Number of units watching park from porch, yard, or window										
	Weekend 11:00AM - 1:00 PM*		Weekend 2:00 PM - 4:00 PM*		Weekend 6:00PM - 8:00 PM*		Weekend 6:00 PM - 8:00 PM*		Weekday 6:00 PM - 8:00 PM*	
	Before	After	Before	After	Before	After	Before	After	Before	After
time 1	0	3	0	5	1	2	1	5	1	4
time 2	0	4	2	6	2	5	2	5	2	4
time 3	2	4	0	6	2	5	2	5	0	4
time 4	0	5	0	6	1	5	2	5	1	4
time 5	2	5	0	5	3	5	3	5	0	4
time 6	3	**	2	**	0	**	2	**	2	**
time 7	3	**	3	**	0	**	2	**	2	**
time 8	4	**	3	**	0	**	2	**	0	**
Average per time block	1.75	4.2	1.25	5.6	1.13	4.4	2	5	1	4
*These times were adjusted for shorter days and the time change away from Daylight Savings (for the "after" counts)										
**The community-member who counted park usage for the "after" only counted five times for each time block										

Story Impact: Five residents who live near the park participated in a focus group before the installation of the new park. The focus group participants were clear that the current park needs repair and that it reflects poorly on the community. When asked to describe the park, the participants said:

There's a lot of stuff missing.

I've never seen it whole.

The bridge is gone. I think there used to be swings.

It's bad – It's hazardous. The slides are broken up.

Kids have found a way to play on it. They only use the monkey bars or they tie stuff on it and swing.

When asked how improvements to the park might affect the kids and/ or the community, participants suggested:

The dirty park makes us look bad. It will just look way nicer to have a decent park.

There'd be more kid games.

Kids will focus more on park area rather than being dispersed around. It will be safer and keep kids off the bridge. The bridge is not a safe place to be.

It will look way nicer – like when you clean your house and you feel way happier – everybody would be like “this is really nice.”

More people will sit out there with their kids.

More kids would be playing.

My daughter would play with her sister. I might even play there.

It is clear that the group members feel that the park was in disrepair and needed significant improvement. An observation of the park, which noted missing and deteriorating equipment, supported this idea.

Six residents of Little Earth attended a focus group after the installation of the new park. These focus group participants were not the same individuals that participated in the pre-installation focus group. This second focus group shared the same feelings about the old park as the first focus group, but had mixed feelings about the new park:

The old park - it used to be dangerous. The bridge was broken lots of spray paint.

It [the new park] is safer than what was there. It's nice to have a new park, but it's not great.

Anything that's not broken is an upgrade. The other park was horrible.

They didn't build it right; the stairs are not level and there is a bent pole. It's way better than the old park, but it could be better.

Kids will stay on their side of Cedar because the park is decent, but it's smaller than it should be. But I'm glad that they won't have to walk by drug dealers to play in a park.

Some participants noted that the process of building the park itself brought the community together. These participants reported that when the materials for the park arrived, there was not a construction crew there to unload the materials from the delivery truck, so the community pitched in and unloaded all the heavy pieces themselves.

The park brought the community together a lot.

A lot people pitched in to take things out of the truck. The person delivering the equipment said "It's amazing how you guys come together to help. I'd like to live in this neighborhood."

Finally, the participants noted that due to the late installation, they did not really have a good idea of how popular the new park would be. They reported that they expected there would be a lot more use of the park in the warmer months.

I think the park will be packed when it gets warm.

It's safe – people treat it well because it's new.

In the summer it will be packed at that park.

We haven't yet seen how good it's gonna be.

In the summer it will be wonderful.

Process: The community was engaged in decision making about the park design. The community was invited to vote on the park design at National Night Out. Three designs were presented, and event attendees voted for their favorites. 104 people voted, including 28 adults and 76 children. The winner of the vote was chosen as the park design.

Timeline: The CPSS funding for the park was \$14,000 less than the total cost. The project lead secured additional funding from the East Phillips Improvement Council to make up the difference. There was some delay in the ground breaking and park construction due to a delay by the contractor in ordering some parts. Ground breaking for the park was in early November and the park was completed in early December².

² The park "flooring" is temporary and will be replaced in the spring. The permanent park flooring could not be installed in cold weather.

Police Activities League: Oshki Ikwewag Mino Bimaadizi (OIMB, Young women leading good life)

Summary: *The evaluation of the OIMB/PALs program includes results from two surveys, excerpts from girls' journals, and a timeline of activities during the grant period. In brief, the feedback about the impact of this program is uncompromisingly positive. The timeline and feedback show that planned activities and mentorship check-ins occurred according to plan and were implemented with integrity.*

Impact & Story Impact: The girls and mentors of the OIMB group completed surveys that asked about the impact of participation. Participation in the surveys was completely voluntary and anonymous. Additionally, the girls wrote in journals about their experiences with the group. With permission from the girls, excerpts from journals written during the trip to South Dakota were shared with the evaluator. Results from the survey and excerpts from the journals are presented below:

Girls Survey: The survey results show that participation in the OIMB group was overwhelmingly positive for the girls. Fifteen girls completed the survey. With 20 girls³ actively and continuously involved, this is a 75 percent response rate.

Table 6 shows that most of the girls who participate in OIMB are very active in the group. Nearly three quarters (73.3%) indicated that they have engaged in 5 or more activities in the past month.

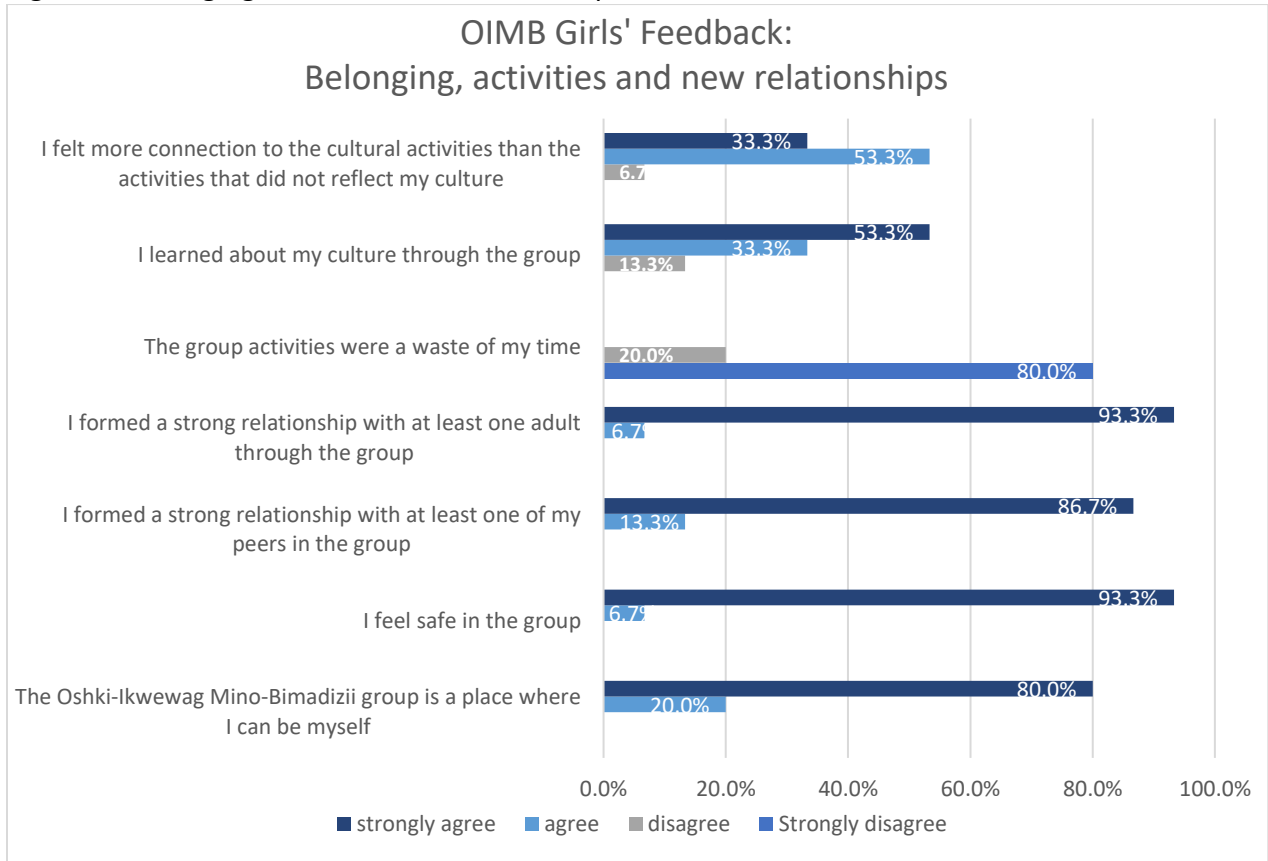
Table 6: Rate of Girls' Participation

In the past month, how many meetings, discussions, or activities did you participate in that were related to Oshki-Ikwewag Mino-Bimadizii ?	
Answer Choices	Responses
None	6.7%
1-2	13.3%
3-4	6.7%
5+	73.3%

Figure 1 shows the reported impact of participation on feelings of belonging and forming new relationships. Of note is that 100 percent of respondents *agreed* or *strongly agreed* that they formed a strong relationship with at least one adult and with at least one other member of the group; and that they felt safe and can be themselves in the group.

³ There are 26 girls on the roster, but only 20 of them actively participate

Figure 1: Belonging, activities new relationships.



Girls were asked how participation in the group affected their health and other outcomes. Figure 2 shows how girls responded to these questions. More than 85 percent of girls said that they believe that participation improved their understanding of communities outside of Little Earth, their performance in school, their mental health, and their social lives. Additionally, over 75 percent of girls indicated that their relationship with their primary caregiver and outlook on life *improved a lot* or *improved somewhat*.

Figure 2: Effects of participation on health and other outcomes

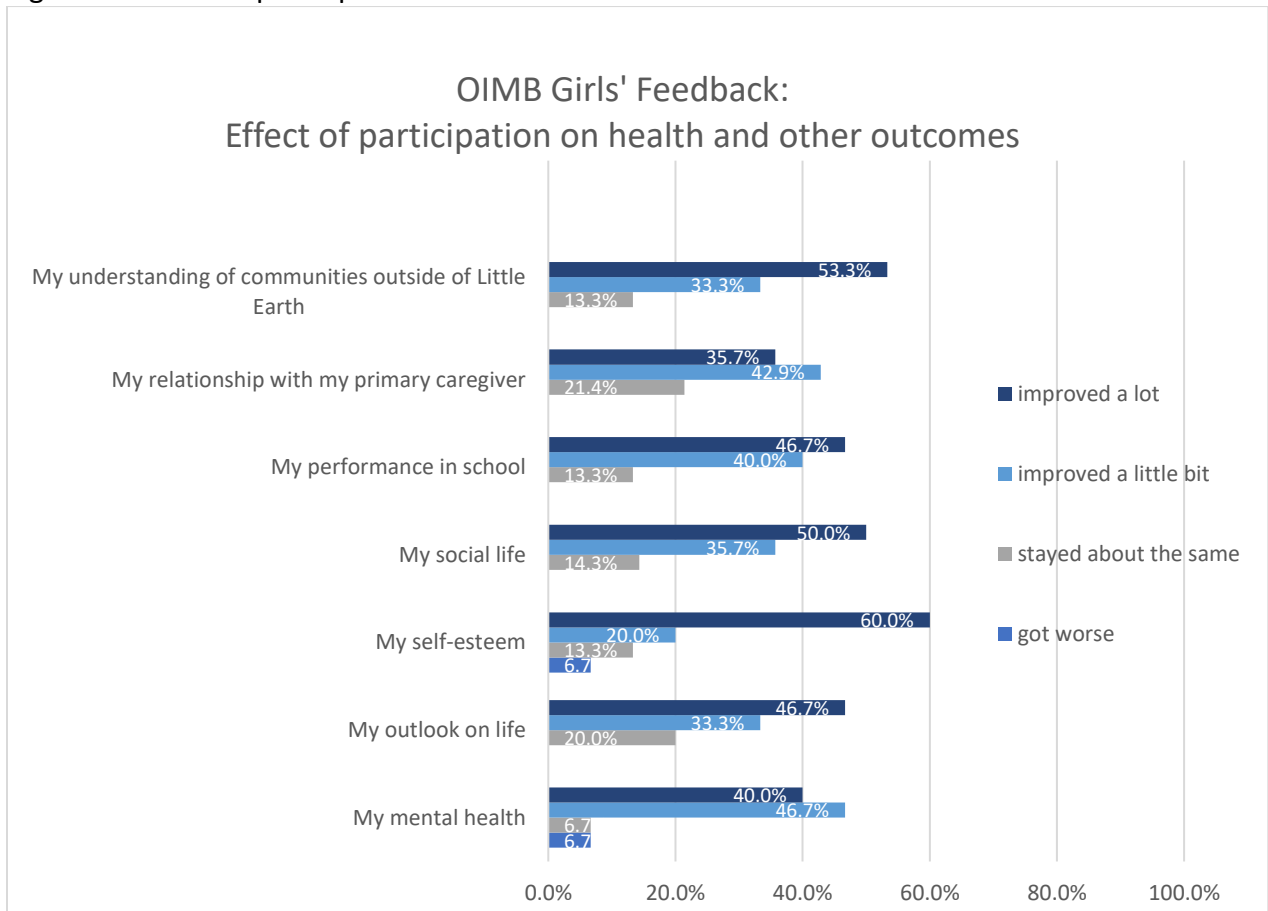


Table 7 includes write-in comments answering the question: *What would you tell someone who asked "Should I join Oshki-Ikwewag Mino-Bimadizii ? Why or why not?"* All of the girls who provided answer had only positive comments.

Table 7: Write-in comments – Should I join

What would you tell someone who asked "Should I join Oshki-Ikwewag Mino-Bimadizii ? Why or why not?"
I would say you should because it's good learning experience and there are positive adults that care about and show that's there more to life then what's going on outside of your door.
I would tell them to join because it's fun.
Yea because it's a good group.
I said you should because they help out a lot and they just get you out of trouble. You're not doing something your not supposed to be doing.
Yes, because you become closer and meet new people in the group and grow a strong relationship with everyone in the group.
You should join because it helps to get better at any sport.
yes because they care about you and they do a lot of fun things.
I would tell them yes because it has a big influence on the community and has changed the community in a positive way.
Yes, because it a mentorship program that can help you with school, activities, the community.
Yes, because it's a mentorship program which could help you with school, do activities, and helping the communities.
I'd say if they are looking for a place to feel safe build connections with really good people and have a lot of fun it would be a group for them. I'd also tell them if they are looking for extra support from really good people then join.

When asked about which events had the greatest positive impact, the responses varied greatly. Some girls reported that the cultural activities were most impactful, others said sports, and a few specifically identified the trip to South Dakota. Table 8 shows the write-in comments.

Table 8: Write-in comment - Most positive impact

What activities had the most positive impact on you?
I would [say] the most that impacted me was wounded knee because I learned about how many people that got killed. It touched me when I was looking at the graves.
Sports and community work.
Girls group.
When we go on the little trips to where ever so I can get out of Little Earth.
The South Dakota trip and dancing at the battle of the badges.
Volleyball.
The South Dakota trip.
I liked the activity where we went to the women's resource center and met with the ladies almost every week.
Mostly playing sports and helping out.
The activity that most impacted me is mostly playing sports.
I'd say our trip to South Dakota because it brought our group closer in so many ways. We got to learn so much about each other and we also got to do group activities that required group effort and it showed us how close we are to each other.
All of them.
The sport related ones, they helped me workout and stay in shape.
All of them.
The sports helped my physical [wellness] out a lot.

Participants were asked how they would improve the group. The girls had no suggestions for improvement other than to bring more food (a suggestion made by one participant).

When asked if they would be likely to join the same or a similar group in the future, 73 percent of girls said they would be *very likely* to join and 27 percent reported that they would be *somewhat likely* to join.

Mentor Survey. Similar to the results of the girls’ survey, the mentors reported very positive outcomes related to their participation with PALs/OIMB. Nine of ten mentors completed the survey for a response rate of 90 percent.

Table 9 shows the level of participation of the mentors. There is a range of involvement, with two-thirds of mentors active in three or more activities in the past month.

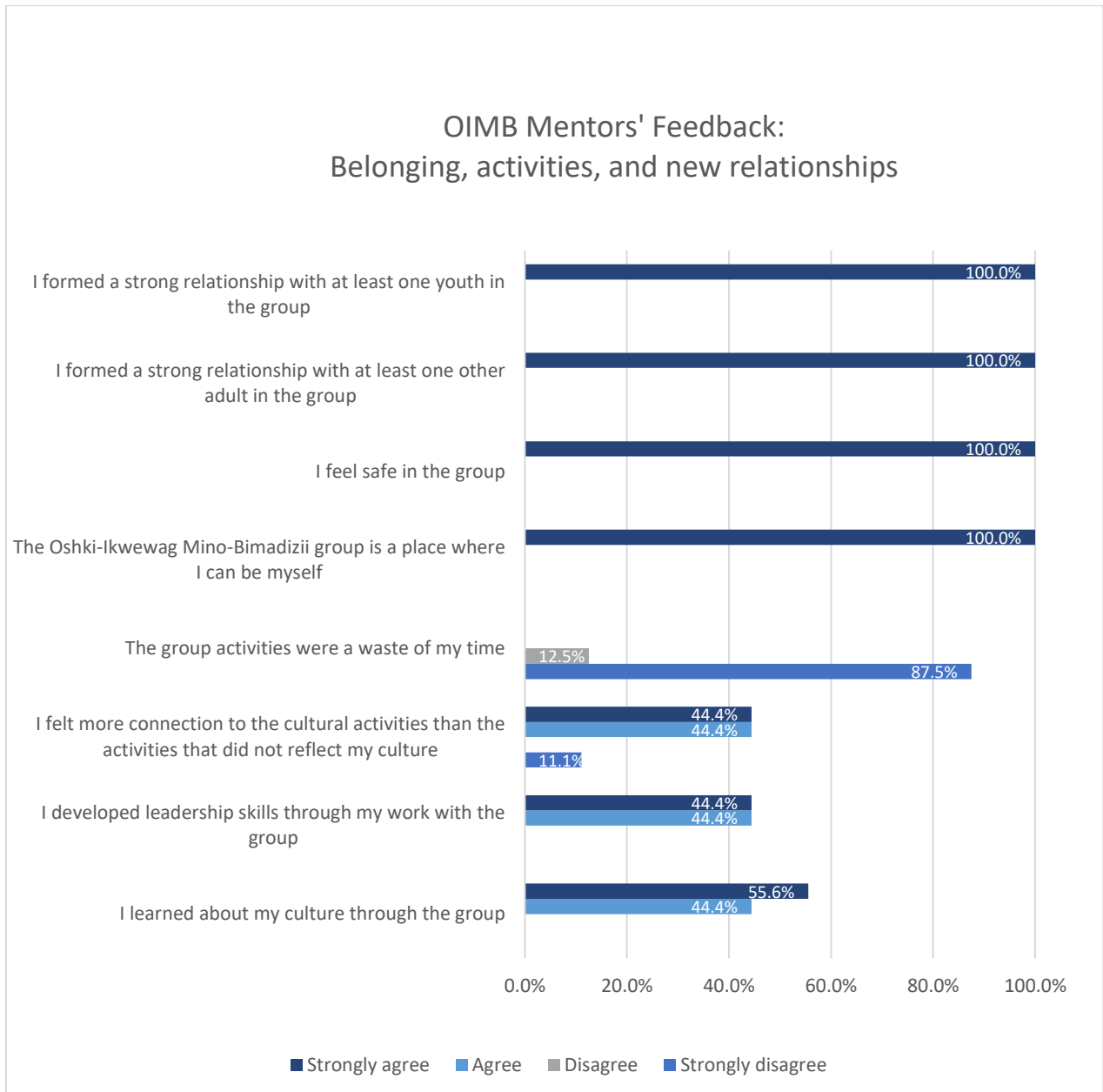
Table 9: Mentor rate of participation in activities in the past month

In the past month, how many meetings, discussions, or activities did you participate in that were related to Oshki-Ikwewag Mino-Bimadizii ?	
Answer Choices	Responses
None	0.0%
1-2	33.3%
3-4	33.3%
5+	33.3%

Mentors were asked the extent to which they agree or disagree with various statements related to the impact of group participation on their lives and relationships. Figure 3 shows that 100 percent of mentors *strongly agree* that they can be themselves in the group, that they feel safe, and that they formed a strong relationship with at least one other mentor and at least one girl in the group. Additionally, 89 percent reported that they developed leadership skills through their participation⁴.

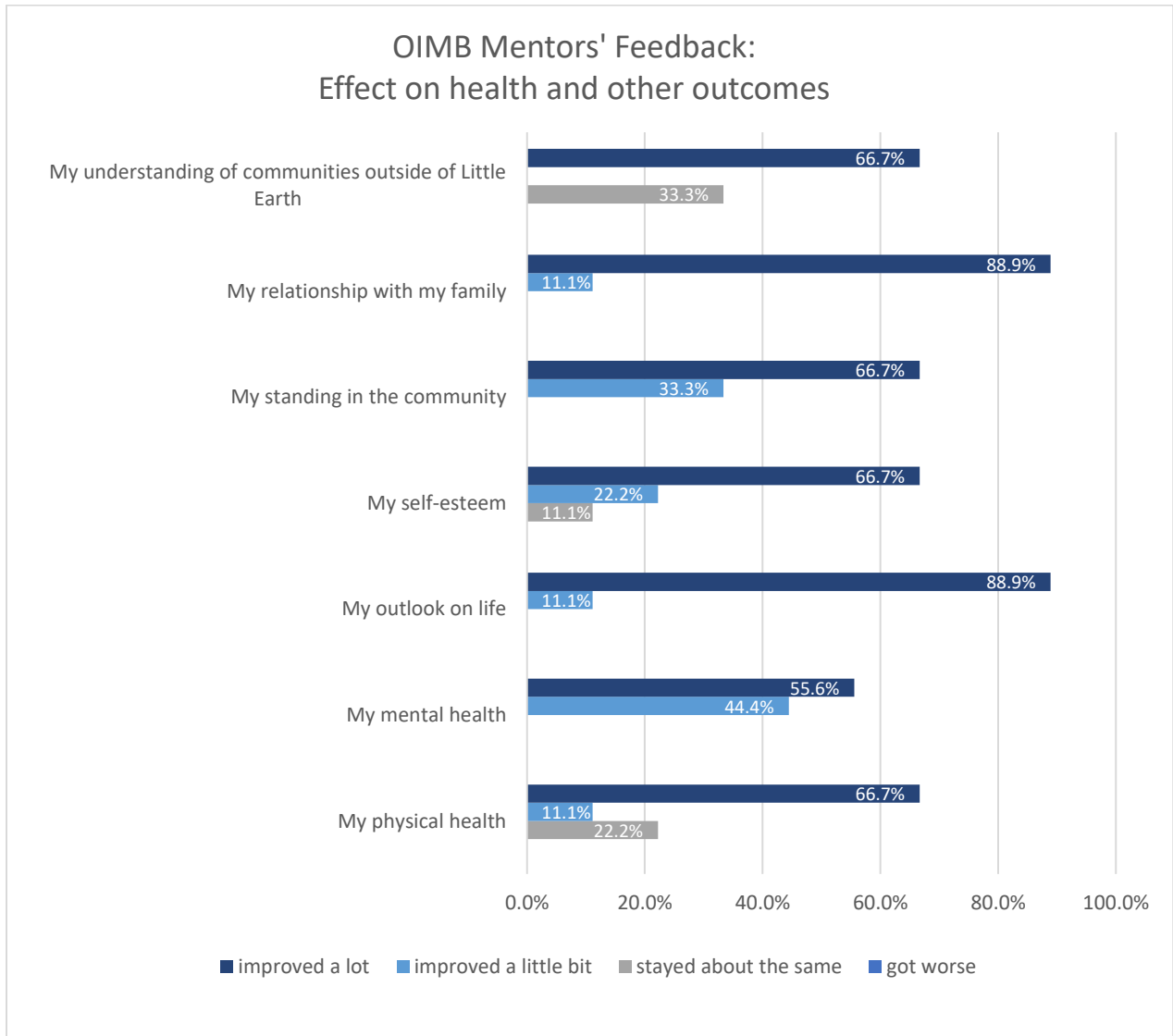
⁴ Some figures do not add up to 100 percent. In these cases, one or two respondents said that the question did not apply to them.

Figure 3: Mentor Feedback – Belonging, activities, and new relationships



Mentors reported that participation had several positive outcomes. Nearly 90 percent of mentors said that participation greatly improved their relationship with their family and their outlook on life; the remainder said that these areas *somewhat improved*. Also noteworthy is that two-thirds said that participation greatly improved their understanding of communities outside of Little Earth, their standing in the community, their self-esteem, and their physical health. Figure 4 shows the impact of participation on mentor health and other outcomes.

Figure 4: Impact of participation on mentor health and other outcomes



Mentors were asked if they would recommend being a mentor to others. Table 10 shows the positive feedback to this question.

Table 10: Write-in comments - Mentor Program recommendation to others

What would you tell someone who asked "Should I be a mentor for Oshki-Ikwewag Mino-Bimadizii ? Why or why not?"
It is a very rewarding experience. Why? because I can share my history in life with others.
It is a beautiful way to give back to our youth and in return I received so much through the relationships I have made.
Yes I love being a mentor for the girls. I feel a sense of pride when the girls look up to me and treat me with respect.
Yes. These girls all need positive role models and people that support them in their decisions.
Definitely should! Gives you such a good feeling inside, like you did something that helped someone else. You not only make them feel better, but you also feel better about doing something to help others, and to keep all the girls active in the community.
Absolutely! The effect that it's had on my life has been substantial. I didn't realize how much I'd get back for volunteering my time. I've gotten so much out of this experience, I cannot express in words. Maec-waewanon for the opportunity to be apart of this positive movement.
It's an incredible opportunity to work with young girls facing daily and weekly challenges in their American Indian communities; they are so resilient.
I would tell them yes - do it! It is a very rewarding experience, the young ladies appreciate the attention and support, as a mentor you feel as tho you are helping nurture a future leader of our Community.
I would say do it- of course. I would also tell them how great of a feeling it is to be around such fun teens doing good in the community.

Mentors identified a range of activities when asked which had the most positive impact. Table 11 shows responses to this question:

Table 11: Write-in comments – Activities with positive impact

What activities had the most positive impact on you?
Field trip to the Black Hills in South Dakota.
Spending a week in SD with the girls.
Being at their activities even though I did not have to. I love watching these young ladies in all that they do.
Sports.
Helping at the elders housing with all of the girls, interacting.
Mind & Body, really helped me center myself. It also allowed me to see and feel the struggles girls some of the girls face on a day to day basis.
Mind-Body Medicine skills groups especially the deep breathing to relieve stress and worries.
The Mind Body Medicine series with Linda Eagle Speaker and the girls. What an eye opener!
Sports.

One hundred percent of mentors said that they would recommend the group to a daughter of a friend or family member.

Mentors had several ideas for program improvement as shown in Table 12.

Table 12: Mentor ideas for program improvement

Do you have ideas for improving the program?
I think that bringing in someone who can do Yoga or warm up exercise before physical events. and/or meditation and relaxation techniques.
Providing more cultural teachings around rites of passage.
Setting educational goals.
Just keeping things available for everyone to be a part of. Program is wonderful.
More options for transportation for the girls. I live a good distance away and it isn't always easy to make it to the cities on time to help transport.
More adult mentors and more culturally related activities.
I would like to see a mini talking circle group.
Expand. Let these officers do more and have a bigger office or even a building for them to have programs out of.

Finally, the mentors were asked to write-in any additional comments about the OIMB/PALs program. Table 13 details these comments.

Table 13: Write-in comments – Additional words

What else would you like to tell us about the Oshki-Ikwewag Mino-Bimadizii group?
They all have become strong athletes in 3 different physical sports where they could become leaders in anyone of them in high school leagues of their choice.
A wonderful program that is helping build healthy balanced adults for the future.
Awesome group of girls and coaches/leaders.
Thank you for letting me be a part of it!
I'm very thankful for the opportunity that I have to volunteer and be part of the Native American community in south Minneapolis.
Fantastic young group of ladies, so athletic and reaching for their goals.
This is an amazing group of people from the staff, to the girls, to the other mentors, to each individual we have met along our endeavors. We have welcomed back/reintroduced that circle of support our youth crave! (and deserve!)
I am impressed.

Girls' Journaling about the South Dakota Trip and other activities. With permission from the girls, some girls' journals related to the trip to South Dakota (where 16 girls and 6 mentors visited National Monuments and Native American Historical Sites) were shared with the evaluator. Below are some excerpts from these journals.

- *The mentorship has impacted my life in a very good way. Before joining the group, I used to be inside 24/7. I also used to skip school a lot. I also wasn't very active. I didn't do anything productive. After joining the program, I am more active. I go to school way more. I also do my homework. I leave the house more, but only when we got plans as a group...I also feel that as if we got two mothers added to each and every one of our families. When we first met each other, I seen them as cops, but now I see them as family.*
- *This trip helped me learn more about the other girls and I became more comfortable around them. I think this trip allowed other girls to open up as well. Some girls that were very quiet and never talked before became very open and comfortable. They are actually very funny and a good group of girls. I also became closer to them and to the adults.*
- *[Climbing Bear Butte Mountain] is one of the biggest achievements I've ever accomplished in my life. I got really tired toward the top, but I continued on.*
- *This trip changed me because I learned how important your body is and to eat healthy. I lost a lot of weight and I'm becoming more healthy now.*
- *I joined PAL during basketball season. It helped me get in shape and make more friends. I was going through problems and depression. PAL got me out of the house and more involved with the community.*
- *I heard about the PAL softball team and I wanted to join so I did. At first, I wanted to quit, but the coaches kept pushing me to do better. So, I kept playing. The more I stayed with PAL, the more open I became.*
- *This mentorship group has changed me because I've become way closer and started talking with the girls. It has taken me out of the house and doing activities with other people...and being able to learn more about Native culture.*

Process and timeline: This project successfully engaged a large group of girls in leadership and personal development activities. From the start to the end of the grant period (June 20, 2017 – December 31, 2017) this project has led participants through thirty-seven activities, serving 20 actively engaged participants (26 on the roster). Two police officers led the program, neither of whom was paid by the grant. All grant funds were directed towards activities. In addition to leading activities, the officers provided “check-in” opportunities for the girls, for example, over coffee, tea, lunch, or a walk. **Each officer logged 20 or more check-in hours per month.** This was in addition to the activities noted in the following table. Additionally, there were ten community member/parent/coach mentors who work with the youth as a part of the program. *Table 6* provides a brief description and a timeline of the activities and the number of participants and mentors.

Table 6: Police Activities League “Oshki-Ikwewag Mino-Bimaadizii” Project Descriptions and Participation

	Description of Activities for Police Activities League 6/20/2018 - 12/31/2018	Number of Participants	Number of Mentors/ Parents
1	Community Service/Involvement- June 20 th Garden Clean up at Biidiigain. The girls planted flowers and veggies at both buildings. They set out garden boxes and pots and filled them with dirt. The girls cleaned up garbage around buildings as well.	?	?
2	Health and Wellness Activity -June 21 st Mentorship Group went to Grand Slam Batting Cages in Burnsville and lunch. 2 Mentors 10 Girls	10	2
3	Community Service/Involvement- June 25 th Summer Fest at East Phillips: Mentorship Group set up a table and handed out PAL bracelets, stickers and cookies. 3 Mentors 5 Girls	5	3
4	Health and Wellness Activity- June 28 th Mentorship Group went to Grand Slam Batting Cages in Burnsville and lunch. 4 Mentors 10 Girls	10	4
5	Community Service/Involvement- July 11 th Safe Summer Nights Picnic: Mentorship Group facilitated a large game of kickball with the kids during the picnic. One of the girls volunteered to get into the McGruff suit, and girls also handed out stickers, ice cream, and PAL Bracelets and helped clean up. 3 Mentors 6 Girls	6	3
6	Health and Wellness Activity -July 29 th Allina Greenway Glow Bike Ride: Mentorship Group rented Nice Ride Bikes, rode around the Greenway and south Minneapolis. 3 Mentors 10 Girls	10	3
7	Community Service/Involvement- August 1 st National Night Out: Mentorship Group volunteered at Biidiigain and Little Earth, serving food, setting up, cleaning, cooking, handing out stickers, pencils, and PAL bracelets. 3 Mentors 13 Girls	13	3
8	Community Service/Involvement- August 3 rd BiDiGain Taco Sale Fundraiser: Mentorship Group spent all day cooking, selling tacos, cleaning, setup and take down. Girls raised \$700 for the Elders Christmas Party. 2 Mentors 10 Girls	10	2
9	Community Service/Involvement- August 4 th Mentorship Group went to Children’s Hospital and spent the afternoon with a 4-year-old boy they’ve gotten to know who has cancer. He and his family were celebrating his last session of chemotherapy. 2 Mentors 8 Girls	8	2
10	Awards/Acknowledgement Celebration -August 8 th Girls from Mentorship Group that also played softball had a softball banquet with catered dinner and cake to celebrate their season with their families. There were about 40 people in attendance.	16	24
11	Educational/ Health and Wellness/Cultural Activity-August 16 th Mentorship Group had an afternoon of listening to Professor Eric Buffalohead – Director of the American Indian Studies Program at Augsburg College to talk with them about Native American History in preparation for their road trip to South Dakota. They also had a great conversation with three elders from the community who explained the cultural significance of their trip. They were taught how to make tobacco ties (Native American offering gift.) Pizza was provided and some parents showed up as well. 14 Girls, 6 mentors and 2 parents.	14	8
12	Educational/ Health and Wellness/Cultural Activity-August 18th and 19th, 2 mentors and 5 girls attended and participated (danced) at Shakopee Powwow.	5	2

Table 6, continued: Police Activities League “Oshki-Ikwewag Mino-Bimaadizii” Project Descriptions and Participation

13	Educational/ Health and Wellness/Cultural Activity -August 20-25th, 15 Girls and 6 Mentors road tripped to the Black Hills, Keystone, South Dakota. They spent a week visiting National Monuments (Mount Rushmore, Crazy Horse Monument, Badlands National Park and Black Hills Caves) and Native American Historical Sites (Lakota Museum – Chamberlain SD, Wounded Knee Massacre Site, and Bear Butte on the Pine Ridge Indian Reservation.)	15	6
14	Health and Wellness/Cultural Activity- August 26th 22 Girls, 5 mentors and 5 parents participated in an Indigenous Women’s Triathlon. Each girl Canoeed 5K, Biked 10K and Ran 5K.	22	10
15	Educational Activity- Battle of the Badges- September 9th, 9 girls and 4 mentors participated in dancing and sharing the Native American culture. Battle of the Badges is a large community BBQ on the northside of Minneapolis hosted by first responders with community arts programs performing for all in attendance. This was the first time the event invited a Native American group to perform.	9	4
16	Cultural Activity- September 14th, Officer Saunby and Officer Goodman volunteered at the Urban Elders Picnic Minnehaha Falls.		
17	Incentive Activity- September 18th, Officer Saunby and Officer Goodman, arranged for 3 of the girls to get their senior pictures taken at Normandale Community College, Japanese Gardens.	3	
18	Educational/ Health and Wellness/Cultural Activity-September 20th, 10 girls and 3 mentors attended the Biidiigain Meet and Greet- Diane Grooms hosted a meet and greet with the elders and girls to share with them what the group does and how the group can help them while we are in the building.	10	3
19	Educational Activity- September 26th, 13 girls and 3 mentors went to St. Kates to visit the nursing college. The nursing college heard about the mentorship program and reached out to the group. They ordered the girls salad and pizza while speaking to them about the Native American nursing program. The girls had an in-depth tour of the facility and loved the campus.	13	3
20	Incentive Activity- September 30th, 18 girls and 5 mentors went Horseback riding at River Valley Ranch, Jordan MN, they had fun at Minnesota’s largest candy store and had lunch at Dairy Queen.	18	5
21	Educational/ Health and Wellness/Cultural Activity/Community Service-October 8th, 14 girls and 6 mentors set up a table/booth at East Phillips Park Indigenous Peoples Celebration, they handed out stickers and goodies to people and spoke about our mentorship program. It was the largest group there.	14	6
22	Educational/ Health and Wellness/Cultural Activity-October 9th Officer Saunby and Officer Goodman walked alongside the Indigenous Peoples Day Youth Parade. Several girls were scattered all throughout the event. The officers also volunteered our time at the Minneapolis American Indian Center community feast that day.	5	
23	Educational Activity- October 13th, Officer Goodman held homework help night, 4 girls and 1 mentor. They studied for three hours and stocked up on school supplies and of course we had pizza for dinner for all their hard work.	4	1
24	Educational/ Health and Wellness/Cultural Activity-October 16th, Garden Clean Up at American Indian Family Center /Elders Lodge in St. Paul, MN 7 girls and 3 mentors went over to clean up and haul dirt for the elders’ program, they also heard about our program and reached out to us for help.	7	3
25	Educational/ Health and Wellness/Cultural Activity-October 18th, Pumpkin Carving/Painting, 14 girls and 7 mentors. The girls decorated lots of pumpkins for the elders units/bldgs.	14	7

Table 6, continued: Police Activities League “Oshki-Ikwewag Mino-Bimaadizii” Project Descriptions and Participation			
26	Incentive Activity- October 28th, Dead End Hayride 20 girls and 5 mentors, went on an incentive activity to the hayride to reward their hard work throughout the month.	20	5
27	Community Service- October 31st, Little Earth Halloween Party 14 girls and 4 mentors. The girls ran games and helped give out food and candy. They also helped setup and cleanup.	14	4
28	Community Service- November 7th, Garden Clean up at Biidiigain. 6 girls and 2 mentors cleaned and stored away the garden supplies, pots and outside decorations.	6	2
29	Education-November 13th, Officer Saunby and Officer Goodman went to South High School to talk to the school social workers about our mentorship program and to let them know we are a resource for the 10 girls that go to school there. The program paid for 2 girls to get through the driver’s education program. The officers checked in with the girls that day as well. The girls enjoyed seeing the officers while they were in school.	2	
30	Education- November 16th, Native American College Fair, 2 girls working a booth, and several more attended. 2 mentors worked at the booth as well.	2	2
31	One of the girls got a job with the Minneapolis Police Dept. as a paid student intern and Officers Saunby and Goodman report that they hear daily about how great she is doing.	1	
32	Educational/ Health and Wellness/Cultural Activity-November 21st, Turkey Bingo Night, 17 girls and 7 Mentors and 5 third precinct officers participated in bingo and dinner. Officer Saunby and Officer Goodman bought 30 turkeys and were able to convince Hyvee grocery store to donate 30 bags of groceries and 30 pies, so that every family could get a turkey dinner and dessert. This event was well attended and loved by our group. Parents volunteered with cooking burgers, setting up tables, and cleaning. The event was held at All Nations Church which is relatively close to Little Earth and families were able to walk over and stay close to home.	17	7
33	Community Service- November 30th Christmas Decorating at Biidiigain. 18 girls and 5 mentors helped decorate both buildings by putting up Christmas trees and lights.	18	5
34	Incentive Activity-December 12th, Shop with a Cop, Officers partnered with Target using a small grant from them and the mayor’s grant, 17 girls and 6 mentors and 7 MPD Community Service Officers helped them shop for gifts for their families. The girls also got to wrap presents and have treats courtesy of Target.	17	6
35	Health and Wellness/Cultural Activity-December 18th, Volleyball Banquet for the girls’ volleyball team. Girls placed 3rd in the City League and City Tournament. The Baquet was held at the Indian Center and was well attended by the team and parents.	10	
36	Community Service- December 21st, Officer Saunby and Officer Goodman secured a large collection of donated toys to give to the toddlers and infants in the Baby Space Day Care at Little Earth. Several other MPD Officers participated as well.		
37	Incentive Activity- December 30th, Movie Night. 6 girls and 3 mentors went to dinner and a movie.	6	3
	Total (not discreet)	Girls participation total 354	Mentors participation total 138

The above table details thirty-seven activities related to health (10), culture (11), education (13), or community service (4). A small number of the activities were incentives/rewards for girls’ participation (5).

GoodSpace Murals: Little Earth Mosaic Project

Note: This project was granted a waiver to offer a 3-week program in 2017 and additional workshops/classes in 2018. The current evaluation assesses only the work in 2017, and only to extent possible as the evaluation began after the 2017 work was completed.

Summary: Document reviews and interviews with organizers showed that GoodSpace Murals successfully completed a “pilot” mural project and learned valuable lessons for the full-scale project in summer 2018.

GoodSpace considers the 2017 as “seeding” work to build interest in the project and to learn the best way to engage and work with the youth of Little Earth. The 2018 work will continue to give participants the opportunity to create individual works of art while also tying this art together to create a larger mural/mosaic to give to the community. A Gallery Event, to celebrate the art created thus far and to build more interest in next year’s program is scheduled for September 22, 2017. GoodSpace will also present information about the 2018 opportunities to youth at the Youth Development Center over the next year. The hope is to attract a larger group of older youth to the 2018 workshops and to expand their offerings to take place at both the Youth Development Center and at American Indian Center.

Impact: The full impact of the project should be measured in 2018. As a proxy for impact, participants in the Gallery Event will be asked to complete a short three-question survey asking 1) if they participated in the project in 2017; 2) if they plan to participate in the program in 2018; 3) their age. The information gained from this survey will indicate investment in the program as a proxy for impact.

Story Impact: The full story impact should be measured in 2018. As a proxy for story impact, participants at the Gallery Event will be asked about the impact of art-making on their lives. Results will be used to improve the program.

Process: GoodSpace Murals held six workshops for youth during the summer of 2017. Children and youth between the ages of 8 and 18 participated in the workshops, with a large majority of participants being children under 12. A total of 25 children and youth created 51 medallions that will eventually be connected with additional medallions and other mosaics in the creation of 500 square feet of public art to be displayed at or near Little Earth. *Table 7* shows number of activities and events related to this project.

Table 7: Activities of GoodSpace Murals

2017 "Seeding" workshops by GoodSpace Murals	
Number of workshops offered	6
Number of hours of workshop offered	12
Number of discreet participants	25
Number of participants at each workshop	
1st workshop	15
2nd workshop	8
3rd workshop	7
4th workshop	5
5th workshop	3
6th workshop	3
Number of projects/medallions created	51
Number of interns	1
Number of intern hours	15

Youth Development Center: Little Earth Safe Zone

Summary: Document review of attendance lists and the final report of the YDC director showed that the project was implemented with integrity and timeliness. The grant funded 304 additional hours of Youth Center access that resulted in 2,063 visits from youth. The de-escalation training graduated 20 youth and the five community movies provided safe evenings for 523 community members.

Funding was granted to the existing Youth Development Center (YDC) to increase staff and expand hours so that the center could remain open during the weekends, thus keeping children and youth engaged in positive activities. Funding was also used for de-escalation training, an intense two-day, 14-hour workshop completed by 20 youth. Finally, money was used to purchase equipment for outdoor movies, a safe and sober night-time activity for families.

Impact: Extended weekend hours have resulted in youth choosing to engage in the positive activities offered by the Youth Development Center. From July 24 (the first weekend opened) through December 17, 2017, the total attendance for Saturdays and Sundays is 2,063. The average attendance for weekend days is over 50 youths. The number of new memberships at the YDC has increased by 130 during the same period. Although it is not typical to equate attendance with impact, it is arguably safe to assume that without the weekend hours, these youths would be out "looking for something to do" and more likely to engage in risky behavior.

Story Impact: Frank Downwind, the (former) executive director of the YDC, provided the following narrative related to the increased YDC hours and the community movies:

There were many successes in the program, both internal and external. We had our goals and expected benchmarks that were well thought out beforehand, but also noticed several other successful aspects that were not planned, but equally rewarding. Several are outlined below.

Access to Services

The Youth Center was open every day of the week and was consistently on time. This gave our Youth and community members' increased access to the many services that Little Earth Residents Association provides. In this respect the Youth Center was not the only program that saw increased participation. It became abundantly clear that each program benefited from this increased exposure. This meant that more youth and community members were aware of and utilizing services where they had not before.

Increased 1-1 time with youth

The extra staff that the LESZ provided were much needed reinforcements to the often overwhelmed Youth Center. We often found ourselves overwhelmed and unable to give the youth the one-to-one time that they need. Our focus prior to this was that we were ok having less kids in the center if it meant we could be intentional and give each youth the time they needed. The additional staffing allowed us to increase this 2-fold. Our capacity increased dramatically and likewise so did our quality of service. Our youth were able to get the quality time they needed with staff members. This is incredibly important because many of our youth seek out positive adult relationships because they may not get that positive attention at home. Our youth workers were able to be much more effective because of the additional staff.

Community Leaders

Our original intent was to hire additional staff from the Little Earth Community. At the time the thought process was that we would offer these good jobs to the people that know the youth best, thereby reducing the time it took for the youth to become comfortable with the new staff. What ended up happening was we found new leaders in the community that were waiting for an opportunity like this. Several of the staff that were hired via LESZ became personally invested into the program. They did not look at it as only a "job", but rather the beginning of a career that fulfilled not only their professional goals, but passions as well. One particular youth worker had decided during her time with us that she now wanted to study youth development at the college level and continue in this line of work after this program ended. Out of all the CPSS staff hired 80 Percent of them have continued in community oriented work since the program ended. A handful of them were offered employment at Little Earth or through partnering organizations. This means that LESZ was a launching pad for those that were employed by it, and these staff members will continue providing for our community long into the future.

Reinvestment to the Community

This grant was for one purpose. It was meant to increase the quality of life, by reducing violence in the Little Earth Community. This was a staple of the program. While a portion of the grant was for program supplies, etc. The vast majority was rolled right back into the Little Earth Community. Close to \$50,000 dollars of the \$65,000 we were awarded was used as wages for the new Little Earth staff members. It was not just given away either. It was set up so community members could earn it. Interested people would send in a Cover Letter and Resume (which we helped them with), all applicants were given an interview and then hiring decisions were made. The other option was to hire outside people to come in and provide services to us. This approach however would have tainted the values and goals that were set up in the proposal, and are counter-productive to our self-determination. We were focused solely on hiring from the community.

Mending Community Police Relations

It seemed an uphill battle for many of our youth to trust law enforcement. In order for a community to be healthy each community member, including police must know what their role is. We often find ourselves in conflict with one another because of overstepping our bounds or not understanding what the other side represents. The most effective strategy we have found in addressing this is simply to communicate with each other. We brought a delegation of youth to represent Little Earth to the Cities United Conference in downtown Minneapolis. Our youth met with and began the conversation with the new Chief Arradondo. Our youth were hesitant at first but it become clear that each of us wanted the same thing; which is a safe and vibrant community. These talks will continue into the future and these bridges will continue to be built.

Process and timeline: Despite some challenges with gaining access to funding in a timely manner, the YDC opened its doors for weekend hours on-schedule on July 24. The YDC was open from 12:00- 8:00 every day from the beginning of the grant period through December 17, 2018, except for the week of Thanksgiving. The grant funded the 16 hours of weekend open time for this duration for a total of 304 additional hours and 2,063 visits by youth to the center on the weekends. The de-escalation training proceeded as scheduled and produced 20 graduates. The grant-funded movie equipment was used for the showing of five movies during the late summer and early fall, which provided a safe and sober evening for 523 community members. YDC employees assisted with National Night Out, which drew approximately 1000 people. *Table 8* details the weekend attendance, number of new memberships, and the number of activities by week.

Table 8: Youth Development Center Attendance and Activities

Collaborative Public Safety Strategies YDC Program Output									
	# Member- ships	Sat Attendance	Sun Attendance	Sat Groups/Act	Sun Groups/ Activities	De- Escalation	Movies/ Events participation	Sat Hours	Sun Hours
June	0	0	0	0	0	0		0	0
July									
7/3-7/9	0	0	0	0	0	0	0	0	0
7/10-7/16	0	0	0	0	0	0	0	0	0
7/24-7/30	4	46	41	4	4	0	0	8	8
August									
7/31-8/6	6	52	54	4	4		0	8	8
8/7-8/13	10	48	50	3	4	20	0	8	8
8/14-8/20	7	61	58	6	6	0	0	8	8
8/21-8/27	12	51	49	4	4	0	0	8	8
8/28-9/3		61	52				1000		
September									
9/4-9/10	18	57	42	4	4	0	0	8	8
9/11-9/17	11	59	43	4	4	0	188	8	8
9/18-9/24	0	53	49	4	4	0	60	8	8
9/25-10/1	3	58	56	3	4	0	0	8	8
October									
10/2-10/8	6	51	66	4	4	0	120	8	8
10/9-10/15	0	57	61	3	3	0	75	8	8
10/16-10/22	5	58	53	3	3	0	80	8	8
10/23-10/29	7	49	56	4	3	0	0	8	8
November									
10/30-11/5	3	58	57	2	3	0	n/a	8	8
11/6-11/12	8	57	59	3	3	0	0	8	8
11/13-11/19	7	53	38	4	4	0	0	8	8
11/20-11/26	0	OFF	OFF	n/a	n/a	n/a	n/a	n/a	n/a
11/27-12/3	4	36	57	4	4	0	0	8	8
December									
12/4-12/10	12	39	33	4	4	0	0	8	8
12/11-12/17	7	33	52	4	4	0	0	8	8
12/18-12/24	0	Program End	Program End	n/a	n/a	n/a	n/a	n/a	n/a
12/25-12/31	0	Program End	Program End	n/a	n/a	n/a	n/a	n/a	n/a
Program Totals	130	1037	1026	71	73	20	1523	152	152

Natives Against Heroin and MadDads

Summary: Document review of participant counts and the NAH Facebook page, and meetings with project leads and assistants, show that NAH led numerous talking circles, wellbriety meetings, sweatlodges, and outreach patrols. NAH also organized several “shutdowns,” which were large marches/gatherings of supporters aimed at shutting down areas where drug dealing was thought to occur. NAH and many community members considered these shutdowns a successful way to interrupt drug dealing and make a statement of resistance. Other community members and some police officers found the shutdowns to be a nuisance. Despite the controversy over the shutdowns, NAH has successfully raised awareness and provided a place for culturally-specific healing.

Natives Against Heroin (NAH) and MadDads has used funding to reach out to community members who use and abuse drugs (and those who care for them) and to build a network of like-minded groups throughout Minneapolis and Minnesota. The four principle vehicles for this outreach are talking circles, wellbriety meetings, sweat lodges, and outreach patrols or marches.

Impact: The gold standard for measuring impact of these recovery activities would be to compare a group of activity participants to a group of non-participants and determine the extent to which the participants have better outcomes. Such an experiment is beyond the scope of this evaluation. That being said, Natives Against Heroin has an active Facebook page where participants often leave testimonials about the personal effects of participation in NAH activities. A sample of such testimonials is given below under *Story Impact*.

Story Impact: Below is a sample of testimonials posted to the NAH Facebook page. The Facebook page has been viewed over 10,000 times and receives approximately three posts per day by the public. The identity of the people posting the testimonials has been removed by the evaluator:

I am so relieved to have you brother James Cross stepping up to the fight against heroin or any other addictive drugs. Our people are slowly leaving us I have often wanted to do this I just couldn't get the ball rolling. Now that you have I will do my best advocating in keeping that ball going along with you and the rest of our Native Families. Migwitch for your courage You will succeed in impacting many lives. I feel it in my prayers.

U know I was volunteering at the Little Earth YDC since 3/9/2014, I resigned 6/30/2017. I had been going thru a lot there. Resignation seemed like the only way to go. After I resigned, I prayed "ok, now what?". I had spent over a year watching James come to LE every Saturday afternoon, in hopes that some/any one would show up. He was relentless. So, as it goes, I was led to join NAH. At the first meeting, they were appointing officers. James said, we also have an elder from LE, the meeting went on. James asked me if I would consider being the head representative for LE, I didn't hesitate & said yes, James said u r here because you are the chosen one!! (I was like yeah, sure) Now I realize this is what the Creator had in store for me. I have found myself asking people if they would like to change their lives, if being clean & sober would be something they would consider. I am so very grateful to be a part of this movement. I'm not better than any of

my sister's or brothers, I'm a crack addict that still struggles with using thoughts, slips in internal spiritual conflicts. But my passion is to the best I can be to help others.

I just want to give a well-earned Miigwech to James Cross. Not only does he encourage me to stay sober, but he gave my life true meaning by letting me be a part of NAH. There is a lot of guilt during use, and possibly even more recovering. It made me feel like I wasted the best years of my life using. Being a part of NAH gave me back my dignity. Helping people makes me feel like this is right where I'm supposed to be. I'm content with life for the 1st time ever as an adult. Another thing helping people does for me is keep me sober. And last but not least, the most important part to me would be that helping people with the knowledge of drug use I have, makes me feel like those years weren't wasted! I could never repay James for that! Miigwech James!

Process and timeline: During the grant period, Natives Against Heroin facilitated 48 cultural events such as talking circle/wellbriety/sweat lodge meetings in three locations: Behind the American Indian Center, the White Earth Treatment Center and at Little Earth. These events had a total estimated attendance of 579. Additionally, NAH conducted a march during National Night Out in South Minneapolis and six marches on reservations including Red lake, Ho-chunk, and Lower Sioux. These marches plus the outreach patrols saw an estimated participation of 1,424 individuals. *Table 9* details the outreach events, attendance, volunteer efforts and numbers of staff involved in cultural activities such as *talking circles, wellbriety meetings, and sweat lodges*. Data for meetings was gathered via sign-in sheets. *Table 10* details the outreach events, attendance, and staff and volunteer efforts for *street patrols and marches*. Data for patrols and marches is a best-guess estimate by those present.

Table 9: Natives Against Heroin – Cultural Outreach

Meeting Dates	# Volunteers	# Staff	# Direct Outreach Aprox.	Discription
Tuesdays				Behind American Indian Center/AIOIC
July 11th	25	0	10	Talking Circle
July 18th	33	5	0	Talking Circle
July 25th	10	4	25	Patrol and Check in
Aug. 1st				National Night out see below
Aug. 8th	25	3	0	Talking Circle Check in
Meetings past 8/8/17 were cancelled by members' agreement until needed				
Thursdays				White Earth Treatment Center 212 Franklin Ave S
July 13th	11	0	0	Wellbriety Circle
July 20th	11	0	0	Wellbriety Circle
July 27th	13	0	7	Wellbriety Circle
Aug. 3rd	18	5	5	Wellbriety Circle
Aug. 10th	22	5	2	Wellbriety Circle
Aug. 17th	27	6	8	Wellbriety Circle
Aug. 24th	30	7	7	Wellbriety Circle
Aug. 31st	28	0	5	Wellbriety Circle
Saturdays				Little Earth
July 15th				
July 22nd	25	8	30	March through LE and Block off of Cedar Avenue
July 29th	25	5	15	Drumming and Wellbriety Circle
Aug. 5th	19	7	15	Feast and Talking Circle
Aug. 12th Ho-Chunk				
Aug. 19th	20	9	5	Talking Circle
Aug. 26th	26	10	50	Community Feast
Sep. 2nd	16	0	0	Talking Circle
Sundays				Behind American Indian Center
July 16th	28	1	1	Sweat Lodge, Ceremony
July 23rd	30	4	2	Sweat Lodge, Ceremony
July 30th	20	4	1	Sweat Lodge, Ceremony
Aug. 6th	22	4	2	Sweat Lodge, Ceremony
Aug. 13th Ho-Chunk				
Aug. 20th	35	7	4	Sweat Lodge, Ceremony
Aug. 27th	35	7	8	Sweat Lodge, Ceremony
Sep. 3rd	40	0	9	Sweat Lodge, Ceremony
Total	594	101	211	

Table 9, continued: NAH Cultural Outreach

Cultural Events: Sweat Lodge, Talking Circles, Powow				
Meeting Dates	Number of Volunteers	Number of Staff	Number of Direct Outreach Aprox.	Description
Nov. 7th	Unk	1	Unk	Talking circle -2501 Cedar
Dec. 5th	0	10	0	NAH Meeting at Powwow Grounds
Dec. 12th	0	10	0	NAH Meeting at AIOIC 5pm
Oct. 19th	0	1	Unk	Rally at Little Earth- 1:30pm
Oct. 14th	15	10	58	Smudge walk and rally at Little Earth
Nov. 18th	0	Unk	Unk	Talking Circle
Nov. 25th	0	1	15	Talking Circle
Dec. 2nd	0	0	5	Sweat Lodge clean up help
Dec. 9th	0	2	12	Talking Circle
Dec. 23rd	0	2	20	NAH Christmans Party
Dec. 30th	4	6	65	NAH /AIM Red Road Powwow
Jan. 6th	7	2	Unk	James speaks at Opioid Abuse 6pm to 8pm
Oct. 8th	6	1	23	Sweat Lodge, Ceremony
Oct. 15th	3	1	8	Sweat Lodge, Ceremony
Oct. 22nd	1	1	9	Sweat Lodge Cermony
Oct. 29th	3	2	18	Sweat Lodge, Ceremony
Nov. 5th	3	1	10	Sweat Lodge, Ceremony
Nov. 12th	Unk	Unk	Unk	Sweat Lodge, Ceremony
Nov. 19th	4	2	15	Sweat Lodge, Ceremony
Nov. 26th	3	2	15	Sweat Lodge, Ceremony
Dec. 3rd	Unk	Unk	Unk	Sweat Lodge, Ceremony
Dec. 17th	3	2	15	Sweat Lodge, Ceremony
Dec. 31st	4	8	80	NAH/AIM New Years Powwow
Jan. 28th	0	6	Unk	Opioiod Overdoes Training- 3045 Park
Totals	56	71	368	

Table 10: Natives Against Heroin – Public Awareness: Street Patrols, Marches, etc.

Public Awareness: Marches, patrols, pow-wows, etc.				
Date	Volunteers	Staff	Participants	Event
July 13th	15	0	10	Patrol and March on 25th Street
July 18th	20	5	30	March through Little Earth
July 31st	10	0		March- clean up of 25th Street
Aug. 1st	35	0	200	National Night out Event and March
Aug. 3rd	8	4	7	Clean up on 16th Ave and 26th
Aug. 16th	7	0	4	Patrol of 17,16,18 Ave to 28th Street
Aug. 18th	2	8	15	Patrol of 17,16,18 Ave
Aug. 25th	30	10	30	March Shutdown of Bloomington Ave
Sept. 3rd	10	2	15	Little Earth
Sept. 5th	24	3	40	Street and 25 street
Unk	100	0	500	Red Lake Pow-wow and 3 Mile March
Unk	50	0	200	PoHo-Chunk pow- wow and 5 Mile March
Unk	20	0	50	Lower Sioux 3 Mile March
Oct. 5th	0	2	31	Mile Lac Percap Rally
Oct 7th	8	2	35	Maple Plain- March and Pow-wow
Oct 25th	6	3	55	NoOverdose talk- 3045 Park Ave
Nov. 8th	5	2	45	Cass Lake March
Nov. 10th	3	2	20	Little Earth March- "We Are Still Here"
Nov. 13th	0	1	50	Mile Lac panel Jame Cross spoke
Nov. 20th	0	2	0	Public Safety Rally at MN Captial
Nov. 25th	0	4	23	Smudge Walk- Little Earth
Nov. 29th	0	5	Unk	City Hall Outreach
Nov. 30th	0	2	15	Fondulac March
Dec. 2nd	6	2	Unk	March in Wisconsin to show support for Pero family
Dec. 9th	0	4	14	Patrol around Little Earth 10pm to 2am
Dec. 23rd	5	2	35	White Earth Shut Down
Totals	364	65	1424	

Finally, NAH has reported that numerous partnerships and collaborative efforts have already resulted from their work under the auspices of the CPSS grant. New partnerships have been formed with following individuals/organizations:

- Stop the Stigma
- American Indian Movement
- White Earth Nation
- Redlake Nation
- Lower Sioux
- Ho-Chunk Nation

- Minnesota Indian Affairs Council
- American Indian OIC
- American Indian Center
- New People's Community Garage
- Little Earth Residents Association
- White Bison Movement
- Minnesota Department of Public Safety
 - Homeland Security and Emergency Management
 - Office of Justice Programs
- Minnesota State Representatives
 - Karen Clark

Summary

In summary, the evaluation questions are answered as follows:

1) To what extent was each of the five projects implemented with integrity?

Each of the five projects was implemented as proposed with one exception. The installation of the park was delayed and remains to be completed. The equipment is installed, but the flooring/base is temporary. The permanent flooring/base will be installed in April.

2) To what extent did each of the five projects reach/serve/engage its intended audience?

There is no question that each project reached/served/engaged its intended audience. The sheer number of participants and activities attests to the fact that the intended community members were engaged. Four of the five projects sought to primarily engage youth, and they directed their programming to do so. NAH sought to engage those using drugs and the community at-large and their many activities successfully reached these groups.

3) What was the impact of the project on participants, according to their self-reports?

The logic model demonstrates how the activities funded by this grant are related in theory to crime reduction. Although this evaluation did not use an experimental design to test impact, the self-reports of impact shared throughout this document are a testament to the fact that participants in the activities funded by the grant feel and think that participation has made a difference in their lives and in the community.

4) To what extent did the CPSS funding build collaboration and capacity?

The evaluator attended monthly meetings of project leads. These meetings nearly always included discussion of how the various projects overlap, how the leads and their organizations could help each other, and how planning for future events could engage the participants across the projects. One example of this is the grantees all coming together to work on National Night Out, which saw very high participation (approximately 1000) by the community. This collaboration expands the network of the individual groups and builds a base for future work together.