Minneapolis
City of Lakes

Overview

In response to COVID-19, Hennepin County is providing housing for people experiencing homelessness to isolate and quarantine. For all other residents, isolation and quarantine will be done at home or in the community.

Whether you live in a house or an apartment, alone or with others, if you test positive for COVID-19 you'll need to take action to keep from spreading the illness to the people around you. This is called isolating.

You can have the illness and spread it without being sick. If you have been around someone who has the illness, you will also need to take action to keep from spreading the illness in case you have it. This is called quarantine. Isolating and quarantine both mean staying away from others to keep from spreading the virus to them.

What happens when you have a positive COVID-19 test?

If a test shows that you have COVID-19:
1. You will get your test results and some starting information.
2. A public health worker will call you for an interview. The interview will help keep you and the people around you healthy. The health worker will talk with you about:
   - How you can keep from spreading the illness to other people in your home.
   - What to do if you become ill.
   - How to get help if you need it.
   - What languages you want information in.
   - Other people you have been close to at home, at work and anywhere else.
   - How the people around you can also stay safe and what they should do to stop the spread of COVID-19.
3. The same public health worker will call the people you have been in contact with to:
   - Explain that they might have been exposed to COVID-19.
   - Explain how they can stay safe and help stop the spread of COVID-19.
   - Tell them how to get help if they need it.
   - Ask what languages they want information in.

How to Isolate and Quarantine at Home

Positive test: Do you live alone?

Yes. You can isolate or quarantine by not allowing others into your home and by staying home. Do not go to work, school or any other place, and do not use public transportation.

No

Do you have a separate room to isolate in?

Yes: Stay in a separate room alone. Do not share any space or objects with anyone else in the home.

No: Could your healthy family members or roommates who were already exposed go stay with other friends or family who are also exposed but not sick?

Yes: Ask them to do that.

No: Could you go to the home of a friend or family member that can provide a separate room and bathroom only for you?

Yes: Do that.

No: You may all need to isolate and quarantine together for the full isolation and quarantine periods.

Do you have a separate bathroom?

Yes. Use a separate bathroom that no one else uses.

No. If there is only one bathroom, clean every surface you touch after use, every time.