

Organization Name	Target Audience	Dates Services Will Be Provided	Detailed information about services provided	Contact information
Abdur Razzaq Counseling	Teenagers, Adults, Male, Female,		Brief psychotherapy services 5-7 sessions (individual or couples).	(General website) <a href="http://www.razzaqcounseling.com">www.razzaqcounseling.com</a> (intake form located at <a href="http://www.razzaqcounseling.com/become-a-client.html">www.razzaqcounseling.com/become-a-client.html</a> ). On the comment section of the intake form, please be sure to add "mpls COVID19."
Edges Wellness Center LLC	QTBIPOC people (queer, trans, Black, Indigenous, People of Color), Sex Workers, People in non-traditional relationship structures, Trans, Non-binary and Queer people with trauma histories, Families with Trans, Non-binary and Queer members, Queer couples	April to August	8 facilitated group sessions to support sex workers navigate the challenges posed by the COVID 19 crisis; 8 facilitated group sessions for trans, non-binary and queer people who are struggling during the COVID 19 crisis; 12 individual therapy sessions for City of Minneapolis residents with marginalized identities and no insurance coverage; mentoring and supervision for practitioners with marginalized identities who are seeking or have MFT or LPC or LPCC licensure and who have been adversely affected by the COVID 19 crisis.	<a href="http://www.edgeswellness.com/">http://www.edgeswellness.com/</a> But please email Alex or Serenity directly to ask about services offered under the ReCast grant specifically
Healing House Yoga LLC	We seek to serve Black, Indigenous and POC; Low income and/or Low wealth communities as they have typically not had access to instruction/support around healthy self regulation strategies and are therefore more often subject to chronic and acute stress. We want to affirm their ability to positively influence others by arming them with tools for greater self-regulation that can be shared with others.	4 May 2020- 13 June 2020	Healing House Yoga LLC is providing the following services: INDIVIDUAL YOGA & MEDITATION SESSIONS, INDIVIDUAL LIFE COACHING, GROUP YOGA & MEDITATION SESSIONS, GROUP MENTORING, SMALL GROUP HEALING CIRCLES, and LARGE GROUP HEALING CIRCLES	<a href="mailto:question@healinghouseyoga.com">question@healinghouseyoga.com</a> OR <a href="http://www.healinghouseyoga.com">www.healinghouseyoga.com</a>
Hope & Healing Counseling Services, LLC	Minneapolis Residents of all ages.	04/25/2020	During this special virtual session of community conversations, we will hear from community members Pastor Brian C. Herron, Senior Pastor of Zion Baptist Church, Starla Wesley, MA, ACDR-MN, ICAADC, CEO of Courage, Consulting and Counseling, and Olubamidele Olusanya Founder of Ibunkun Training on how we can maintain spiritual, mental, and physical wellness during this time.	To register: <a href="https://us02web.zoom.us/webinar/register/WN_RXi8BQJhRQqUNOVCBQNFaA">https://us02web.zoom.us/webinar/register/WN_RXi8BQJhRQqUNOVCBQNFaA</a>
Hope & Healing Counseling Services, LLC	Minneapolis residents between the ages of 6 -65	Monday through Saturday 9am- 7pm	Offering a variety of services including counseling, community healing circles, workshop/Training/Panel Discussions, and a fitness trauma group.	<a href="mailto:marques@love-hope-healing.com">marques@love-hope-healing.com</a> 612-886-4218
Irene Greene Growth and Training	Social Service, Mental Health, and Medical Providers, and Related Healers	varies each week. contact Irene for schedule: <a href="mailto:irene@irenegreene.com">irene@irenegreene.com</a>	Trauma-Informed COVID-19 Wellness, Grief, Moral Injury & Resiliency Support for Helping Professionals. Services include COVID-19 Trauma-Informed Personal Impact Assessment & Wellness Coaching Sessions and a 5-Week Trauma-Informed COVID-19 Support, Resiliency, Moral Injury and Debriefing Groups for helping professionals. Contact <a href="mailto:irene@irenegreene.com">irene@irenegreene.com</a> for the schedule and more information.	<a href="mailto:irene@irenegreene.com">irene@irenegreene.com</a>   <a href="http://www.irenegreene.com">www.irenegreene.com</a>
JustUs Health	JustUs Behavioral Health offers mental, chemical, and sexual health services for LGBTIA+ people and people living with HIV.	Ongoing. Monday - Friday.	JustUs Health provides comprehensive, integrative mental health, sexual health, and chemical health services from a trauma-informed, attachment-based, risk-reduction, and sex-positive perspective. We offer tele-therapy options for all clients.	<a href="http://www.JustUsHealth.org/clinic">www.JustUsHealth.org/clinic</a>
Minnesota CarePartner	Medical Assistance	ASAP and ongoing		Jennifer Miller: <a href="mailto:JenMiller@mncarepartner.com">JenMiller@mncarepartner.com</a> , 651-295-9672
Neon Soul Wellness / Sarah White	Offering care for Communities of Color dealing with Collective Grief, Trauma, and Chronic Pain.	Ongoing	I offer online support with zoom talking circles, meditations, sound baths, playlists and writings to help folk collectively get back into their bodies and give their nervous system some rest. Connection. Community. Normalcy in a time of none. Group writing and processing. The launching into rebuilding and moving as a community. Sound Therapy, Breathwork, Movement, 1 on 1 Private session, Group Therapies.	<a href="http://www.neonsoul.co">www.neonsoul.co</a> (I need to add this offering and update site)

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Phoenix Mental Health	Children, Adults or families struggling with coping and needing more support due to COVID 19	4/20/20-8/1/20	Phoenix Mental Health uses a wide array of therapy modalities to provide therapy for adults, children, teenagers, families, couples, older adults, people with developmental disabilities, physical disabilities, immigrant populations, people of color, low income communities and the LGBTQ2IA+ communities.	<a href="http://www.phoenix-mental-health.com">www.phoenix-mental-health.com</a> or call 612-444-6090
Restoration Incorporate	Black, Indigenous, and People of Color all ages male and female who either live or work in Minneapolis. Priority to low income communities, single moms, people who live with disabilities and low-income families whose struggle is increased by school closures and diminished work force. Target audience also includes Minneapolis residents that mistrust government. It also includes marginalized youth for whom being out of school presents additional problems such as hunger, loneliness, hopelessness and greater risk of child abuse, youth violence and suicide. Geographic priority in North Minneapolis, Phillips and Little Earth community. However, ALL ARE WELCOME	Every Wednesday at 9:00pm and Saturdays at 3:00pm in April and May, 2020	Virtual Healing Circles(Spaces) and workshops to help with the stress caused by COVID-19 and its impact. aired on zoom, facebook live and google hangouts	<a href="mailto:begintherestoration@gmail.com">begintherestoration@gmail.com</a> or <a href="http://www.restorationincorporated.org">www.restorationincorporated.org</a>
Reviving Roots Therapy & Wellness	People of Color age 18+		Individual mental health counseling for depression, anxiety, stress responses, trauma, relationship issues and career issues.	<a href="http://www.revivingrootstherapywellness.com">www.revivingrootstherapywellness.com</a> : 612-445-7781: <a href="mailto:marlee@revivingrootstw.com">marlee@revivingrootstw.com</a>
RS Eden / Eden House	Residential and OP - Adult Men and Women (w/children) with Substance Use Disorders Specializing in clients with histories of homelessness and criminal justice involvement	Open Enrollment Residential and OP services	Adult Men Residential and OP SUD treatment Women's Residential SUD treatment and Women's OP SUD treatment with children. Women can be in OP treatment and have their kids with them while in programming.	Dan Salazar, 612-361-8542
Shiloh Temple International Ministries	Diverse Populations/Minorities, Low SES, Homeless, Elderly, Youth	April - August	Mental Health Services, Therapy, Community Healing, Mentoring	612-302-1463
The Man Up Club	African-American pills 12 to 24 years old	Thursday night 6 PM to 7:15 PM	And Man up club will be providing online mentoring services, resource sharing, trauma healing sessions, tutoring and a 24 hour crisis hotline for young black males.	612.642.1929 or <a href="mailto:info@themanupclub.org">info@themanupclub.org</a>
VEEMAH Integrated Wellness and Consulting Services, LLC	Individuals of Color who live in Minneapolis generally, and the Cedar-Riverside community specifically who are experienced increased stress from COVID-19 and would benefit from crisis counseling.	NA	We now offer crisis counseling to eligible individuals who may be experiencing increased stress as a result of COVID-19.	<a href="http://www.veemah.com/">People can be sent to our website. https://veemah.com/.</a> or give us a call at 763-228-8086
Washburn Center for Children	Children and youth -- birth to age 18		Washburn Center for Children provides culturally responsive therapeutic support to children experiencing social, emotional and behavioral challenges, such as anxiety, attention deficit disorder, depression, trauma, parent/child conflict and/or grief.nd	<a href="http://www.washburn.org">www.washburn.org</a>
Wayside Recovery Center	Wayside specializes in providing gender specific, culturally responsive and trauma-informed service for women with significant histories of substance use disorders and mental health diagnoses, homelessness, and trauma, including pregnant and parenting women.	Immediately	Wayside Recovery Center is providing outpatient addiction and mental health services online. Our services are gender specific, culturally responsive and trauma informed. Immediate openings are available for all programs. Wayside also has immediate openings at our residential treatment facility for women and our family residential treatment facility for women with children. To learn more call 651-242-5540 or visit <a href="http://waysiderecovery.org/nurses">waysiderecovery.org/nurses</a>	<a href="http://waysiderecovery.org">waysiderecovery.org</a>